



East Central Regional Juvenile Center (RJC)

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<https://www.anokacounty.us/573/East-Central-Regional-Juvenile-Center>

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“Protect The Community While Providing Opportunities To Change”

Program Philosophy

1. Intake Orientation: Youth admitted to the East Central Regional Juvenile Center (RJC) are required to read the student handbook, learn their introduction, and review their individual due process contract. Staff will also assess the youth to ensure they enter group chemical free with a basic understanding of the program expectations and pose low risk to the safety and security of other peers, staff, or the facility.

2. Philosophy: RJC empowers residents to take personal responsibility for their actions, decisions, and programming. Behaviors need to reflect a caring, honest, respectful relationship with peers, staff, and facility. Daily behaviors and tactics are our invitation to address real thinking errors that perpetuate a pro-criminal lifestyle. Staff uses a variety of learning experiences to enable residents to examine their belief systems and try new behaviors. It is our belief that given healthy tools in a safe environment our residents can make decisions that are helpful to themselves, family, and community. This is the beginning in the change process.

3. Classification System:

- Males and females are programmed separately.
- Pre-adjudicated and adjudicated males are programmed in separate living units.

Program Descriptions

1. Detention, Court Detention, & Waiting Placement

Pre-adjudicated juvenile criminal offenders, male or female, ages 10 to 18.

- Objective - ensure safety/security to the general public and to the detained juveniles.
- Programmed in a 12 resident living unit with same sex peer group.
- Attend school daily for minimum of five hours through out the year.
- Complete daily facility job responsibilities.
- Participate in group:
 - Educational - victim empathy, anger, team building, self-esteem, chemical awareness, safety, Life Skills, cognitive restructuring (Thinking for Change & Reality Model.)
 - Recreational Activities - physical activity, age appropriate leisure time activities, arts & crafts projects, and passive recreation groups.
 - Confrontational - behavioral management groups where youth take responsibility for their choices and the resulting behaviors.
- Visitation, Bible Study, Church.

2. Weekend Program (48 Hours)

Two-day (48 hour) program for males and females ages 12-18 who have been adjudicated on a new offense or violation of probation. W/E program generally runs 7:00 pm Friday to 6:00 pm Sunday.

- Objective - short-term (low dose) consequence for residents to focus on individual risk factors relating to a pattern of negative choices or victimizing behavior. Focus is coordinated with the referring case manager.
- Referring agents will schedule a specific time of admission and discharge. Confirm admission and discharge times with facility staff if you have questions. Entering or exiting earlier or later than scheduled is not allowed.
- Please accompany your child into the building and provide critical admission information, medication and insurance information. Weekend program residents do not need to their own clothing as they are provided facility clothing.

3. 10/5 Program

Short term program for male or female juvenile offenders, ages 12-18, who have been adjudicated on a new offense or violation of probation. Committed to RJC for 10 days but may complete in 5 days based on positive behavior and successful completion.

- A. Objective - short-term consequence in a secure institution with educational services.
- B. 10/5 program generally runs from Sunday at 7:00p to Friday at 6:00p.
- C. Resident completes the following daily: Schoolwork; Community Work Service project; Assignments identified by Probation Officer.
- D. Youth wear RJC clothing and are not part of a peer group in this program.

4. Short Term Program (30/15, 60/30, 90/60)

A secure Short Term Program for male or female juvenile offenders, ages 13-18, who have been adjudicated on a new offense or violation of probation. Juveniles are committed to RJC for the maximum number of days (IE 30/15) but may complete in the minimum number of days (IE 30/15) based on positive behavior and successful completion of individualized program contract.

- A. Objective - provide short-term placement in a secure institution with educational services and individualized assignments.
- B. Residents receive all items listed in program descriptions above.
- C. Attend group - present issues leading to placement at RJC.
- D. Groups: Cognitive Restructuring (Reality Model & Thinking for Change), Skill Streaming (Life Skills), A.R.T. (Anger Replacement Training), Restorative Justice program components.
- E. Youth are part of a peer group and wear own clothing – outlined in handbook.
 - a. 7 shirts of any kind (no holes and must be appropriate)
 - b. 5 Underwear and socks
 - c. 3 pairs of pants (of any kind)
 - d. 1 pair of shoes
 - e. 1 set of gym attire (t-shirt and shorts)

5. Stabilization Transition Program (STP – 50/30)

Secure short-term transition program for male or female offenders, ages 13-18, who have been adjudicated on a new offense, have violated their probation and are court ordered to a CD program following their stay at RJC. Juveniles are court ordered to a minimum of 30 days and a maximum of 50 allowing to be furloughed to an appropriate chemical dependency program. Juveniles are held accountable for their behaviors while promoting a healthy transition to their next placement.

- A. Objective-provide a healthy transition to a needed chemical dependency program in a secure institution with educational services and individualized assignments.
- B. Youth receive all short-term program components.
- C. Weekly focus group (Health, Emotion, Spiritual, Transitional)
- D. Chemical Awareness and education
- E. Youth are part of a peer group

6. 70/90 New Choices For Adolescents

A secure outpatient program through HSI for both male and female offenders, ages 13-18, who have been adjudicated on a new offense or have violated their probation **and** have completed a current chemical dependency evaluation that recommends an outpatient program. Juveniles are court ordered to a minimum of 70 days and a maximum of 90 days. Juveniles are held accountable for their behaviors while completing the New Choices program.

- A. Objective – provide outpatient chemical dependency programming in a secure setting with educational services and individualized assignments.
- B. Three Program Phases – Challenge to Change, Readiness and Commitment to Change, and Taking Ownership of Change.
- C. Program Structure – groups will be held four days per week after school for 1.5 hours each day. Individual sessions will be held in the evenings, minimally once per week. Family contact will be made throughout the program. Transitional plans will begin immediately upon intake.
- D. Funding – New Choices is funded by contracts with most major insurance providers and through use of Rule 25 funding.
- E. Youth will receive all short-term program components.

7. 21 Day Diagnostic Assessment Program

Pre-adjudicated juvenile criminal offenders, male or female, ages 10 to 18.

- A. Objective – ensure a safe and secure environment for the general public and offender while producing assessments to assist in service-need and direction for case management.
- B. Four components – Psychological Evaluation, Pines School Educational Summary, Juvenile Center Nursing Health Assessment, and a discharge summary from the youth’s primary counselor.
- C. All programming pieces noted in *Detention, Court Detention, and Waiting Placement Programs* above pertain as well to the 21 Day Diagnostic Program.

8. Primary Counselor: All residents in RJC have an assigned counselor/probation. This counselor/probation officer will be the primary staff contact for you and your child to assist answering questions. See phone/visit/ telephone policy for clarification on program contact with staff and residents.

9. Medical Information: Families are responsible for providing medical information to RJC staff at the time of intake including insurance company, policyholder, and policy number.

Policies & Guidelines

Mail Policy

- RJC supplies stamps for residents to write one letter daily
- Parents may provide pre-stamped envelopes from the post office to mail more than one letter daily
- Residents receive mail daily except on Weekends or Holidays
- Staff search all mail prior to distribution to residents for contraband
- Notes or non-stamped US mail is not allowed at RJC
- RJC Staff will censor mail with supervisor review when there is reasonable cause to believe there is **a security threat to staff, residents, program or community**

Visiting Policy

1. Visitation Times

Days	Times	Limit
Wednesday	6:30 p.m. - 8:30 p.m.	1 Hour
Saturday	7:00 a.m. - 9:00 a.m.	1 Hour
Sunday	1:00 p.m. - 5:00 p.m.	2 Hour

2. General Visiting Rules:

- Leave purses and belongings at home in vehicle when visiting
- Must have picture identification
- Pass through a metal detector. Wear minimal jewelry or metal objects
- Sign in the visitor log
- Staff inspect/inventory all items brought into RJC before being given to residents
- If a parent cannot visit during any of the listed times contact the assigned primary counselor 48 hours in advance to discuss alternative arrangements
- Residents are allowed three (3) visitors in the facility at one time. We encourage families to make arrangements before visits to split times
- RJC does not accept large bills/sums of money for residents
- Residents are not allowed to smoke while in the RJC program - on and off site
- Phone calls and/or visits can be canceled. You will be contacted when this occurs

- PO's, SW's, and Attorneys may visit between 9:00am & 9:00pm

3. Eligible Visitors:

- Parents or Legal Guardians
- Siblings 18 or older. (Must be verified with PO **and** parent prior to visit)

4. Supplies:

- Hygiene supplies may be brought in during visit as needed and search by staff. Call the Primary Counselor with any questions
- Books/magazines are not allowed unless reviewed by staff and donated to RJC. RJC provides reading material to the residents (books, magazines, and newspapers)
- Food items may not be brought into RJC
- Pop/Food machines are provided if you wish to purchase items during visits. Machines have \$1 dollar bill changers. RJC does not provide change for machines
- Pre-stamped envelopes from the post office may be brought. RJC provides daily stamps and envelopes to residents
- Staff must approve all other items prior to visits

5. Off Ground Visits: Youth may request to go off grounds if:

- Visit is part of a program contract
- Behavior and Level is appropriate
- Visit has been pre-approved by group, PO, and RJC staff

6. Other Information:

- Residents with out visitors will have alternative programs
- Residents may not visit with other resident's visitors
- Holiday visits are expanded and notice will be provided

Phone Policy

1. Guidelines:

- Residents with Beta or Gamma levels schedule phone calls
- No incoming calls are accepted to your child. See below for calls to staff
- Weekend and 10/5 program residents do not have phone privileges
- All calls will be made in the following manor:
 - Staff will dial the phone and transfer the call to the youth phone
 - Residents log call on a phone call log sheet
 - Residents must have group monitor their phone calls
 - Staff can monitor phone calls
 - Beta Levels = 2 calls/week, Gamma Levels = 3 calls per week
 - Calls may be cancelled. If calls are cancelled for an extended time period parents will be notified

2. Exceptions:

- Primary Counselors must pre-approve all other phone calls in advance
- Other staff may approve emergency or contract work calls
- Parents may call RJC staff once per day for an update
- Staff will call parents in emergency situations that arise at RJC
- **Attorneys:** Residents may write or call their attorney once daily during business hours. Residents may return call if attorney is unavailable

Education

Youth attend a full school program which follows a special education model in the sense that it focuses on individualized educational development, small group sizes, and is staffed with special education certified teachers. Students receive individualized academic instruction in the classes that focus on basic academic skills. Group process continues in the school setting and aids in the development of improved behavioral patterns. Upon discharge, credit hours and grades earned at RJC are reported to the student's next school.

1. Outcomes:

- Students improve academically and behaviorally
- Students develop a foundation upon which to continue with their education and/or with vocational plans after discharge from the Pines School
- Students' community schools and Pines School effectively coordinate the student's IEP
- When discharged, Pines School reports to the student's next school and student's parents: progress, credit hours, and grades earned

Directions



From the North: I-35 S to I-35W S, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

From the South: I-35W N to exit 36 in Lino Lakes, left onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

From the West: Hwy 10 to I-35W N, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

From the East: I-694 W to I-35W N, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.