



## Anoka County Non-Secure Program (NSP)

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<http://www.anokacounty.us/571/Anoka-County-Non-Secure-Program>

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***“Empowering And Supporting Positive Change”***

## Program Philosophy

**1. Intake Orientation:** Youth admitted to the Non-Secure Program (NSP) are required to read the student handbook, learn their introduction, and review their individual due process contract. Staff will also assess the youth to ensure they enter group chemical free with a basic understanding of the program expectations and pose low risk to the safety and security of other peers, staff, or the facility.

**2. Philosophy:** NSP residents are programmed in a group, within a positive peer atmosphere. A full day school program, and regular group counseling are two components of the program. Daily livings skills and alternative ways of dealing with life situations are also taught. The youth should be prepared to take personal responsibility for their actions that caused the placement, as well as for their behaviors in daily programming while they are in the facility.

**3. Classification System:** Males and females are programmed separately

## Program Descriptions

### **1. Detention, Court Detention, 72 Hour Hold, Waiting & Voluntary Placement**

- Male or female, ages 10-18
- Programmed in a living unit with same sex peer group
- Attend school daily for minimum 5 hours, year-long
- Complete daily job responsibilities
- Participate in groups: Educational, recreational, behavioral
- Bible study, church service (volunteer)

### **2. Weekend Program**

- Two-day/48-hour program for males and females ages 12-18
- W/E program generally runs 7:00 pm Friday to 6:00 pm Sunday but may be scheduled at other periods of the week
- Referring agents will coordinate specific time of admission and discharge. Confirm admission and discharge times with facility staff if you have questions. Entering or exiting earlier or later than scheduled is not allowed
- Please accompany your child into the facility to provide critical admission information, medication and insurance information. Weekend program residents do not need to their own clothing as they are provided facility clothing

### **3. 10/5 Program**

- Short term for males or females, ages 10-18
- Committed to program for 10 days, but may complete in 5 days based on positive behavior and successful completion
- Attend school daily
- Youth completed daily school work, community service projects and assignments (identified by Probation Officer and primary counselor)
- Youth bring school work from home school to complete

### **4. Short Term Programs (30/15, 60/30, 90/60, 120/90, 180/90)**

- Short term program for males and females, 10-18
- Youth placed in the program for the maximum number of days but may complete in the minimum number of days based on positive behavior and successful completion of individualized contract
- Attend school daily
- Cognitive restructuring (reality model & thinking for change), life skills, and Anger replacement training.
- Youth are part of a peer group and wear their own clothing (see Parent Information)

### **5. 28 Day Diagnostic Assessment Program**

- For males and females, ages 12-18, with referral from Corrections or Social Services
- Starts and ends on a Thursday - 28 day program
- Assessments include: Psychological testing, educational testing, psychiatric (if needed), behavior, group living skills, family history, legal history, past placements and health assessment
- Parents are asked to also complete psychological testing and interview
- Assessment staffing meeting on the fourth Thursday
- Coordinated by Program Coordinator
- Facilitated by Mental Health Assessment Coordinator

### **6. Long Term Group Residential**

- For females, ages 12-18, with referral from Corrections or Social Services
- Average length of stay is 4-6 months for Corrections, 3-5 months for Social Services
- Case plan, developed by the time of initial staffing, after first 30 days
- Psychological testing
- Group and individual therapy with contract therapist (Dialectical Behavioral Therapy)
- Parent-teen groups weekly
- Family counseling
- Recreation
- Transition planning
- Aftercare services

### **7. Outpatient Sex Specific Program**

- For males ages 10-17, with referral from Corrections or Social Services
- Four to six adolescents per group
- Adolescents must have completed a psycho-sexual evaluation and have been recommended to complete outpatient sex offender program
- Weekly individual and group therapy
- Families are strongly encouraged to participate in family therapy
- Individualized assignments
- Full disclosure polygraph examination

**7. Primary Counselors:** Upon admission at the facility, every youth is assigned a primary counselor. This person will be your main contact for communication regarding your child's stay at our facility. He or she will contact you approximately weekly while your child is in placement, and if you have specific questions you may contact the primary counselor.

**8. Medical Information:** Families are responsible for medical expenses while their child is at the Anoka County Non-Secure Program. Please advise facility staff of insurance company and policy number.

## Policies & Guidelines

### Mail Policy

All letters are opened in front of youth and checked for contraband. Youth are allowed to send out one letter per day (stamp and envelope provided). Parents may provide pre-stamped envelopes to mail more than one letter a day.

### Visiting Policy

#### Visitation Days & Times

Day	Time
Sunday	1:00 p.m. - 4:00 p.m.
Wednesday	6:00 p.m. - 7:30 p.m.
Friday	3:30 p.m. - 5:00 p.m.
Saturday	7:00 a.m. - 9:00 a.m.

#### 2. General Visiting Rules:

- All visitors must have photo identification
- All visitors must sign in on the visitors log
- All items brought into the Anoka County Non-Secure program must be inspected and inventoried by staff prior to being given to the youth
- PO's, SW's, attorneys, c/o counselors may visit youth during reasonable hours. Prior notification is required
- If parent cannot visit during the listed times or is requesting a special visit, contact your child's primary counselor or the program Coordinator 48 hours in advance (651-783-7531)
- Visitors are limited to three per youth. Extra visitors are not allowed to remain on campus. We encourage families to make arrangements prior to visits to split times
- No large sums of money will be excepted for the youth. Youth can use coins or dollar bills
- Visits may be cancelled at anytime. You will be contacted if this occurs

#### 3. Eligible Visitors:

- Parents or legal guardians
- Siblings - under the age of 18 must be accompanied by a parent. Siblings over the age of 18 years of age must be approved by primary counselor and PO/SW
- All other visitors must be approved by the PO, SW, primary counselor or program Coordinator prior to the visit (ie. extended family, counselor, clergy, etc)

#### 4. Supplies:

- Supplies may be brought in during visits if needed
- Books and magazines are not allowed unless cleared by staff and donated to the Anoka County Non-Secure Program for general use
- Only unopened, factory sealed food items may be brought in to the Anoka County Non-Secure Program (verified by staff). Unused items must be discarded or taken by visitors
- No glass containers allowed in the living areas
- Unacceptable items: Gum, contraband, open bags of food, fast food, food needing cooking, home made good

## **Phone Policy**

### **1. Guidelines:**

- No incoming calls are accepted to your child and no messages will be taken. See below for calls to staff.
- Weekend and 10/5 program residents do not have phone privileges.

*All calls will be made in the following manor:*

- Staff will dial the phone and transfer the call to the youth phone
- Residents log calls on a phone call log sheet
- Residents must have group monitor their phone calls
- Staff can monitor phone calls
- Calls may be cancelled. If calls are cancelled for an extended time period parents will be notified

### **2. Exceptions:**

- Primary counselors must pre-approve all other phone calls in advance
- Other staff may approve emergency or contract work calls
- Parents may call NSP staff once per day for an update
- Staff will call parents in emergency situations that arise at NSP
- Attorneys: Residents may write or call their attorney once daily during business hours. Residents may return call if attorney is unavailable

## **Clothing Policy**

### **1. Guidelines:**

Listed below is the maximum allotted clothing allowance per resident. These clothing list numbers are not required but are the maximum guidelines. Residents have laundry facilities to keep clothing clean.

### **2. Maximum Clothing Allowance:**

Item	Allowance
Tops	15
Bottoms	15
Underwear	10
Socks	10
Bras	10
Shoes	4
Pajamas	2
Bathrobe	1

**\*\*All strings must be removed before being allowed to wear**

- All articles brought to the facility shall be checked by staff prior to being distributed to the residents
- Staff shall decide if "sayings" and illustrations on clothing are appropriate
- Personal shavers are provided for the residents however residents may bring there own from home

### **3. Exceptions**

Seasonal wear not included in the above list include the following:

- Hat
- Jacket
- Gloves
- Winter boots
- Scarf
- Sweat pants/shirts

## **Education**

The Pines School, operated by Centennial School District follows a special education model in that it is staffed primarily with special education teachers with a focus on individual education plans (IEP), small group size, and a highly structured environment. Each student is programmed with one peer group daily. Students participate in six classes daily and earn credit hours towards graduation from their home school district.

### **1. Outcomes:**

- Students improve academically and behaviorally
- Students develop a foundation upon which to continue with their education and/or with vocational plans after discharge from the Pines School
- Students' community schools and Pines School effectively coordinate the student's IEP
- When discharged, Pines School reports to the student's next school and student's parents: progress, credit hours, and grades earned

## Directions



**From the North:** I-35 S to I-35W S, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

**From the South:** I-35W N to exit 36 in Lino Lakes, left onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

**From the West:** Hwy 10 to I-35W N, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.

**From the East:** I-694 W to I-35W N, right off exit 36 onto Lake Drive, left onto Apollo Dr, right onto Lilac St, left onto 4th ave, next right into campus.