

Local Collaborative Time Study Funds Intervention, Prevention Efforts in the North Metro.

More than \$19 million has been generated in Anoka County over the past 20 years through the Local Collaborative Time Study, a federally funded program that focuses on intervention and prevention activities for children and their families.

Approximately 500 people participate in the Anoka County Local Collaborative Time Study. They are teachers, social workers, public health nurses, corrections officers, and others who work with children and families. Periodically, they are asked to document what they are doing at a random moment during a day, by selecting an activity from a list of codes. The codes translate into dollars that come back to Anoka County.

The Anoka County Children and Family Council manages the funds generated from the Local Collaborative Time Study. The Council is made up of representatives from Anoka County Human Services, Anoka County Community Action Program, community agencies and parents, and seven school districts, Anoka-Hennepin, Centennial, Columbia Heights, Fridley, Forest Lake, St. Francis, and Spring Lake Park. The Council has an executive committee of seven superintendents and a county commissioner. No other entity exists that brings the local schools and county government together like this to share information and support efforts to strengthen families and communities.

A Special Message to LCTS Participants...

Random moments get to the root of making a difference. Special thanks to our Local Collaborative Time Study participants. Your role is critical to the Council's ability to financially support the efforts briefly described here. Your dedication to completing the random moments to the best of your ability reaches far beyond your computer. You're part of the \$19 million raised and growing that helps our kids. Thank you.

For more information on the Time Study and how to maximize your participation, please contact your local LCTS recorder.

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ANOKA COUNTY
CHILDREN & FAMILY COUNCIL

Strengthening families in the



Here's a quick overview of how dollars generated by the **Local Collaborative Time Study** help local families.

School Site Funds

For the 2016-17 school year, \$115,000 was divided among the seven school districts. Site funds are flexible dollars schools can use to improve family and educational functioning while fostering a safe and stable environment for children, ages pre-kindergarten through 18. The priority is basic and emergency family needs, like rent, utilities, medication, and school supplies. Funds also are used for special programming, like summer offerings for kids at risk. It's up to the school districts to determine how to best use the funds, within the federal guidelines of prevention and intervention.

LCTS Random Moment Codes What They Might Mean to Local Kids

- A** Activity fees paid for a child with limited means
- B1** Books provided at no charge to foster literacy
- B2** Behavioral challenges demystified by experts who offer tools
- C** Caring adults who help families with serious and persistent needs
- D** Drugs for prescriptions that families can't afford
- E** Education provided to parents of kids with special needs
- F** Fun summer activities, like getting a new bike helmet
- G** Grants that fund creative initiatives to help families thrive
- H** Happy and healthy childhoods
- I** Intervention and prevention efforts that keep families together
- J** Jobs found for fathers
- K** Kids in safe, stable environments rich with learning opportunities

Thank you, LCTS participants, for doing your part to generate funds to help local kids.

Grants

Grants of up to \$50,000 are awarded through a competitive annual process. A total of \$300,000 was budgeted in 2016-17. All grants support collaborative efforts involving Council members and multiple community partners.

1. Centennial is the lead agency for a homeless youth and family initiative. Their primary partners include Spring Lake Park, Fridley and Columbia Heights school districts, plus Emma B. Howe YMCA.
2. St. Francis School District is the lead on an early identification project to screen children, ages 3 to 5. Their primary partners are Centennial, Forest Lake and St. Francis school districts.
3. Fridley is partnering with Spring Lake Park and Columbia Heights school districts to host the Opening Doors program, for families with preschoolers who are Spanish speakers and English language learners.
4. Columbia Heights is the lead in improving mental health services for students, grade k-8. They are partnering with Lee Carlson Center for Mental Health and Well-Being, Alexandra House, Emma B. Howe YMCA, and the school districts of Spring Lake Park and Fridley.
5. Establishing a safe, stable environment for children who have experienced trauma was the goal of a therapeutic approach by Anoka County partnering with Columbia Heights School District and Family Innovations, Inc.
6. ACCAP Head Start's awarding winning Fatherhood Partnership Project will use their grant to support fathers and father figures. They are partnering with Anoka County Work Force Center, Lee Carlson Center, Anoka County Public Health, ACCAP Housing Ownership Program, Anoka County Public Library, Facelt Foundation, and AmeriCorps.

Community Asset Fund

Mental health and concerns for immigrants and refugees have been consistent themes in the Council's 20 years of working with schools and communities. The Community Asset Fund was created in 2007 to bring together people from a variety of disciplines and organizations to target these persistent issues by building on strengths in the community.

On the mental health front:

- Approximately \$31,000 has been used to provide prescription drugs to people who otherwise couldn't afford them.
- "Ask the Expert" trainings have been offered on a variety of topics for professionals and family members.
- Networks have been built between medical clinics, community mental health providers and state insurance plans to improve the diagnosis and treatment of mental illnesses.
- Annual efforts help youth with mental health challenges transition to more independent living after leaving the school system.

For immigrants and refugees:

Immigrant and refugee resource fairs are held several times each year at the Blaine Human Services Center that offer access to a variety of community resources. Trainings have occurred to increase awareness of refugee and immigrant needs among law enforcement and human services professionals.

families. partners. commitment.