

The following directory is being provided by a group comprised of County Staff and Support Planners for the convenience of clients in need of a Support Planner to assist in CDCS planning. By supplying the contact information below, this group is not responsible for its accuracy and cannot provide information as to the quality of service of any of the listed providers.

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
A1 Support Planning LLC P.O. Box 149 Garfield, MN 56332 320-815-2051 Dharmarus@outlook.com	Dharma Russell	\$55.00	All Counties	I will serve all counties via telephone/video conferencing and will offer options of in person meetings within a reasonable distance of travel.
AB&B Services 509 Severn Way Eagan, MN 55123 Tel: (651) 452-5713 Fax: (651) 452-5713 www.abbservices.net	Catie T., Elise F., Cassie S., Nicole A.S., Christine W., Dawn T., Rachele C., Rachel J., Lindsey S., Kristyn V., Emily R., Melanie G., Crystal A., Havilah M., Kelly T., Anna R. Kayla Y., Megan S., Sarah G.	\$60.00	All Counties	Over 20 years of experience working with families and individuals with disabilities. Personal parent of an individual with special needs. Experience in person-centered planning and FMS program models.
ABCA SP Services, LLC 4618 Drew Ave. North Robbinsdale, MN 55422 Tel: (651) 500-1367 Fax: (763) 205-6720 Website: www.abcaspservices.com	Skip L., Gina L., Xeng H., Scott P., Brad F., Kerri W., Pajtshiab L., Halena M., Basia M., Angela L., Sandy H.-S., Sarah H., Claudia H.	\$60.00	All Counties except new folks in Henn. Co.	Over 30+ years experience in human services, over 15+ years as a Support Planning company. Knowledgeable trainers in person-centered planning, communication/assistive technology, medical, home modifications and behavioral areas. Familiar with CDCS throughout the state (services in over 60+ counties) and the managed care agencies.

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Ability and Beyond 6355 Lake Sarah Heights Drive Greenfield, MN 55373 Tel: (763) 242-1216 Fax: (763) 477-6596	Tracy Bremel	\$44.00	All Counties	Independent Support Planner who has worked in social services for over 25 years and been a Support Planner for the last 10+ years. I enjoy partnering with individuals and their teams to develop a creative plan that supports their unique needs.
The Ability Connection 4127 Hillcrest Road Wayzata, MN 55391 Email: gena@theabilityconnection.com Phone: 612-926-4208 Mobile: 612-718-2283 Fax: 612-777-9671 www.theabilityconnection.com	Gena Elverhoy	\$60.00	All metro counties for in person, conference call and/or video chat. All other counties for conference call and/or video chat.	Gena is certified Support Planner and the founder of The Ability Connection. She is the parent of a daughter with autism and a neurodegenerative disorder with severe cognitive challenges. She has supported and advocated for her daughter for many years through Waiver services and CSG and CDCS programs. One of her favorite things about being a support planner is helping connect them with community activities, resources, services, and therapeutic items and services that will help support the unique needs of each child or adult on CDCS and CSG. In addition to this, she can help with new and renewal CDCS & CSG CSP's, Health and Safety Plans, Alternative Treatment forms, Changes and Addendums, Staffing Searches, Job Descriptions, Budget Management, and other services. We can meet and work together in a way that is easiest and most comfortable for you - in person, phone, email, conference call, video chat and text.

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<p>Ability Focused Collaboration, LLC CDCS Certified Support Planner, Person Centered - Thinking & Planning Facilitator 1410 5th Street SE New Prague, MN 56071 Cell: (612) 227-0870 Fax: (952) 758-9397 Email: JenniferLPickens@aol.com</p>	<p>Jennifer L. Pickens</p>	<p>\$55.00</p>	<p>Most Counties in MN Phone and Video Conferencing is NOW utilized to safeguard clients from unnecessary exposure to illness/infection.</p>	<p>Jennifer has 13+ Years of Personal CDCS Waiver Experience. She specializes in the development of the following plans, (Health & Safety, Daily Care, Emergency, Individualized, Person Centered, Etc) With guidance by the client and their requested key care provider(s) she utilizes the clients ADL's, Assessed Needs, while balancing the What's Important To and Important For Approach. Jennifer is able to develop a plan that supports the clients needs and wishes to provide the opportunity for community integration, involvement, inclusion, independence, support, safety, etc. She has a vast experience with assisting clients and their caregivers in finding and accessing resources that may be available to them based off of their determined needs and goals. It is Jennifer's mission to assist others in accessing the skills, knowledge and support necessary to live their best life!</p>
<p>Above & Beyond Abilities 4050 Wells Lake Way, Faribault, MN 55021 Tel: 507-384-1969 Email: sheana@ababilities.com Web: www.ababilities.com</p>	<p>Sheana Schlichter</p>	<p>\$55.00</p>	<p>Hennepin, Carver, Ramsey, Scott, Dakota, Rice, Goodhue, Dodge, Olmsted, Mower, Steele , Freebourne, Waseca, Blue Earth, Le Sueur, Wabasha</p>	<p>Experience in county waiver case management as well as financial worker experience. Highly knowledgeable in county requirements for the CDCS programs, person-centered approaches, and providers. My background makes me a well-rounded choice for your support planning needs.</p>

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<p>Accessible Support Planning 15650 Galaxie Ave. #419 Apple Valley MN 55124</p> <p>LuAnn Olen luann.accessible@outlook.com 651-238-8717</p> <p>Rebecca Jump, Owner rebecca.accessible@gmail.com 952-688-7857 Fax: 651-389-9201</p> <p>Faiza Ali Faiza.accessible@outlook.com 952-288-8669</p> <p>Speaks Somali and Swahili</p> <p>Brenda Danielson Bren.accessible@gmail.com 218-393-3867</p> <p>Amy Zylstra Amy.accessible@gmail.com 651-245-6842</p> <p>Starts 12.1.21</p> <p>Saira Gudiel Saira.accessible@gmail.com 651-216-9996. speaks Spanish</p>	<p>LuAnn Olen Rebecca Jump Faiza Ali Brenda Danielson Amy Zylstra Saira Gudiel</p>	<p>\$55.00</p>	<p>We take all counties in MN. (limited Henn. Co.)</p>	<p>We are a six-person team with tons of experience in CDCS, writing plans, and disability resources. We would love to help you navigate the systems to ensure you have the supports that are important to you.</p> <p>LuAnn: I have passionately participated on all sides of the meeting table with self-directed services with people for over 25 years Including CDCS. I have two college degrees, have been an advocate at PACER center, a behavioral consultant, a social worker/CDCS Coordinator.</p> <p>Rebecca: I'm a mother to a child with a disability and I like a challenge. I am a certified support planner and have been working with people with disabilities for over 10 years. I will facilitate with social workers and FMS coordinators to make sure your needs are met. Extensive knowledge in PCA, MA, CDCS. Flexible scheduling. Also, can Video Conference meetings.</p>

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
<p>Access North Center for Independent Living 1309 East 40th Street Hibbing MN, 55746 Tel: (218) 824-5228 Fax: (218) 824-1421 www.mcanfield@accessnorth.net</p>	<p>Melissa C. Tina Y. Jake K. Kiri B. Chris R. Steve B.</p>	<p>\$60.00</p>	<p>Northeastern Counties: Aitkin Carlton Cass Cook Crow Wing Koochiching Itasca Lake Pine St. Louis</p>	<p>Access North has been providing independent living services to people living with disabilities based on consumer choice for more than 30 years.</p>
<p>Aladdin Support Services LLC 7200 France Ave South Suite 100 Edina, MN 55435 Phone: (507) 250-2093 Email: deqahmed@gmail.com</p>	<p>Deq Ahmed</p>	<p>\$45.00 – \$55.00</p>	<p>All Counties</p>	<p>Aladdin Support Services has three years of experience working with individuals eligible for both CDCS & CSG services. I am an independent Support Planner. Affluent in both English and Somali. I am highly trained in writing person centered plans. I help families understand and identify their goals and I help guide resources that are available to them.</p>
<p>Ali Support Planner 2104 Park Ave, Suite 110 Minneapolis, MN 55404 Phone: 612-703-7799 Fax: 612-424-0914 Email: alikhadary@gmail.com</p>	<p>Alikhadar Yusuf</p>	<p>\$45.00 – \$55.00</p>	<p>All Counties</p>	<p>I am an independent Support Planner. I have over 12 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of disability and social service delivery systems, and community resources and services. I write an individualized person-centered plan as well as assist clients and their caregivers in accessing resources, providing advocacy, and monitoring implementation of the waiver. Bilingual: Somali/English.</p>

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<p>All-metro support planning LLC 1940 Hazen Street, Shakopee MN 55379 Kocabdi@gmail.com Phone:612-449-8813</p>	<p>Abdi Kofiro</p>	<p>\$40-\$50 rate varies depending on distance of travel from office to individual served.</p>	<p>Services all metro counties for in person, conference call or video per personal preferences. All other counties for conference call or video conference.</p>	<p>A Certified Support Planner at All-metro support planning can work with you to develop a community support plan that best meets your personal needs and goals. Provider has years of experience working with people with special needs. Working with this support planner, you will receive help to develop a community support plan, help to set your goals, help to monitor your support, help to recruit support workers, help to purchase services and more. As a provider, I will be resourceful and respectful to you and your family. support will be available to you when you need it. My code principles are equality and community inclusion. Fluent in English, Somali, and functional in other languages.</p>
<p>ASD Play, LLC Phone: 612-281-0866 Website: asdplay.org</p>	<p>Jeremiah Scheel</p>	<p>\$50.00</p>	<p>Hennepin, Ramsey, Carver, Wright, Sherburne, Scott, Dakota, washington, Chisago, Isanti, Kanabec, St. Louis, Carlton, Pine, Stearns, Meeker, Mcloud, Sibley. Tele-appointments are obviously available now as well so really the whole state I am open to.</p>	<p>Since 2015 we have been providing professional solutions to the State of Minnesota and the community. Recently we have added CDCS Support Planning to our services. We are excited to share our strategic planning solutions and results-driven focus we bring to every client with you. We specialize in Autistic youth but have been trained as experts in the CDCS process and can guide you through all of your planning needs.</p>

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Beyle Support Planner 7101 York Ave S, Suite 355 Edina MN 55435 Office: 952-426-1885 Cell (text or calls) 612-986-4144 Fax Secured 612-314-8666	Liben Ahmed	\$55.00	All Counties	Bayle Support Planning has over ten years of experience working with individuals eligible for CDCS services. We are native-speaking Somali staff. We specialize in writing person-centered plans. We have helped families understand the program and identify their goals and the resources available. We have a strong background in banking, interpretation, and translation. We speak the Somali language and help communities from East Africa, and greater. Minnesota understands the CDCS program more clearly. We help families overcome language barriers. We have over twenty years of experience interpreting and translating English to Somali languages.
Breeze Support Planners, LLC St Paul, Mn Phone: 651-398-1232 Email: brenda.schurhamer@gmail.com	Brenda Schurhamer	\$50.00	7 county metro and others by arrangement	30 + years in Social Services, 20 years case management experience specializing in working with individuals who receive waiver services. Experience with CDCS & CSG Support Plans as a case manager for 20 years and as a Supervisor for 6 years. Knowledgeable of a large variety of resources. Available for phone, video conferencing or in-person meetings depending on preferences of individuals and families.

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Certified CDCS Support Planner Services 7251 Hidden Valley Pond S. Cottage Grove MN 55016 Fax: 651-702-6814 mobile: 651-247-6225	Stacey Vogele, J.D.	\$50.00	Metro Counties and others by special arrangement up to 100 mile radius from St. Paul	Stacey is the parent of three daughters; her youngest is medically fragile with severe physical and cognitive delays and requires nursing level of care. Stacey has been using CDCS services personally for over 8 years, and specializes in writing nursing-level of care children Support Plans, and finding services unique to each child such as: music therapy, art therapy, hippo therapy, etc.
Choosing Home Support Planning PO Box 189 Motley, MN 56466 Tel: (320) 360-7737 Web: www.choosinghome.net	Carolyn Ouradnik Elissa R. Kristina B. Melissa W. Carolyn O. Cheyenne W.	\$60.00	Able to serve areas of MN with emphasis on Central and Northern areas, my office is in Central MN. Able to meet in person, videoconferencing or by phone.	I am an independent Support Planner who is committed to providing the most creative and positive future planning ideas. My years of experience encompass Support Planning, work as a Trainer with U of M /DHS for Person-Centered Thinking, and the ability and training to develop complete individual Person-Centered Plans. My focus began as a parent, work with educational teams, Support Planning and 10 yrs. experience in county-based systems. I 'meet' people and individuals where they are in their planning, life and vision. Experienced in finding resources, accessibility items, employment skill development / education ideas and items, training and education for individuals, families and support staff.
CMG Solutions 4375 Kady Avenue NE St. Michael, MN 55376 Tel: (612) 704-8623	Carmen Gretton	\$55-60.00	Wright Sherburne Ramsey No new in Henn. Co. Others by special arrangements	I am an independent Support Planner. I am the mother to 3 children, one with severe autism who has been on a waiver utilizing CDCS for 6 years. I specialize in families with special needs children and finding services that best meet their needs.

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Creatively Home, LLC 6350 21st Ave SW Pequot Lakes, MN 56472 (952) 239-9083 creativelyhome@gmail.com	Carolyn Olijnek	\$50.00	Able to serve areas of MN with emphasis on Central and Northern areas. Able to meet in person, through video conferencing, or via phone.	With nearly 30 years of experience in education and 15 years as a parent of a child with special needs, I am committed to a person-centered approach. As an independent support planner, I work with the participant and team to listen and plan creative solutions for the most fulfilling living.
DBS Support Planner 2626 East 82 nd St. Suite 200 Bloomington MN 55425 Phone: (612) 961-2491 Fax: (612) 437-4462 Email: kofiroali@gmail.com	Ali Kofiro	\$50.00	Twin Cities Metro Counties	At DBS Support Planner LLC, you will find a multilingual support team who fluently speaks Somali, Oromo, Amharic, and English. Our team is highly trained in writing person centered plans and has detailed knowledge of working with individuals with disabilities and can advise on the best available options. Ali Kofiro is a certified Support Planner and the founder of DBS. He is also a licensed counselor and has spent more than 15 years as a counselor working with those who are in need. Being both professional Support Planner and a licensed counselor makes Ali uniquely qualified to handle CDCS waiver services.

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<p>Excellence In Action Certified CDCS Support Planner and Person Centered Planner Facilitator 1334 Washburn Ave N Minneapolis, MN 55411-2841 Tel: (612) 558-5956 Email: eia.cdcs@gmail.com</p>	<p>Bonnie Jean Smith</p>	<p>\$50.00</p>	<p>All Counties: [Metro Counties and all others by special arrangement] - in person, through video chat or conference call.</p>	<p>Experience : * 20 + years : * writing Support Plans and IEP Plan's that are driven by each individual's personalized choice and control over their Independence, Productivity, Self - Determination, Integration, and Inclusion. Parent of two young adults with developmental disabilities.</p>
<p>First Choice LLC 17252 182nd Ave NW Big Lake, MN 55309 Tel: 763.370.5309 Email: levi@first-choicellc.com Website: www.1st-choicellc.com</p>	<p>Levi Theisen</p>	<p>\$50.00</p>	<p>Wright, Hennepin, Sherburne, Ramsey, Isanti, Anoka, Carver, McCloed, Kanabec, Mille Lacs, Meeker, and Stearns</p>	<p>I am an Independent Support Planner who has two children on different waiver programs. I have experience in CDCS and all waiver types. I am passionate about creating a plan that is person centered for individuals, and take pride in working hard to plan supports that help individuals achieve the life they desire. I am flexible with creating meetings in a manner that best meets your needs whether in person, through video chat or conference call.</p>
<p>Five Arrows Support Planning Amanda Rueter 241 Creekside Drive Eagle Lake, MN 56024 Tel: 507-382-9196 Email: amandarueter5@gmail.com</p>	<p>Amanda Rueter</p>	<p>\$55.00</p>	<p>Five Arrows Support Planning serves all counties in Minnesota via telephone or zoom.</p>	<p>At Five Arrows Support Planning I strive to bring professionalism and understanding to each client I serve. As the mother of two children who receive CDCS services, I know how overwhelming it can be to navigate, not only the needs of your child/family member, but also the ins and outs of all the services they may be eligible for. I also bring the experience I gained being a former elementary teacher. My goal will always be to help you best meet the needs of your family member and help answer your questions and solve problems along the way.</p>

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Flex-Pac, Inc. 1202 Cherrywood Dr NE New Prague, MN 56071 952-758-3485-office 952-297-7866-cell chrisbudgethelp@yahoo.com	Christine Loose, Elisabeth Adams, Kerry Volkers, Angela Gjerde, Julie Grages Olson, Ana Kotchevar, Laura Gray, Jason Bennett, Kathy Engstrom, Melissa Mak & Taylor Hill	\$60.00	Most counties in MN	Flex-Pac, Inc. was founded by Christine Loose, mother of a son with autism who has been working in the field for over 17 years. Flex-Pac has support planners with specialties in the areas of: home modifications, cognitive/physical impairments, Autism, adult mental health and transition-age supports. We work with and have experience with all waiver types. Several support planners also have experience as lead agency employees and have an excellent understanding of how to write a person-centered CDCS plan with the individuals they serve.
For You, Support Planning LLC Phone: 320-808-6320 Email: kristinablehr@outlook.com	Kristina Blehr	\$55.00	Flexible	Over 10 years of experience working with families and individuals with disabilities. Settings have included Direct Care staff, Supervisor of a group home, and Service Coordinator at an FMS. Training and experience with Person-Centered Planning and writing. I enjoy the one on one with the families and individuals that I serve.
Harry Meyering Center Website: www.harrymeyeringcenter.org Phone: 507-387-8281 (office) or 507-225-5030 (direct phone) Email: ebritz@harrymeyeringcenter.org Fax: 507-345-1696 (direct fax)	Emily Britz Callie Ulwelling	\$55.00	Southern and Central MN (including metro)	Selecting Harry Meyering to assist with support planning needs means that you will receive quality services that adhere to our Guiding Principles of being Person-Centered, Positive and Supportive, and Dedicated Team Players in the spirit of serving and supporting the individuals, the community, the organization, and each other. We provide responsive services that are tailored to the needs of each individual.

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Just 4 U Support Services, LLC 5436 Irving Avenue North Brooklyn Center, MN 55430 Tel: (612) 408-6837	Angela Shonoiki	\$50.00	Anoka, Hennepin, Ramsey	I am an independent certified support planner. I have over 12 years experience working with individuals with a disability and their families on the CDCS program. I provide everyone with quality service and great communication.
Krengel Support Planning Email: Jennifer.Krengel.SP@gmail.com Phone number: 651-243-0616	Jennifer Krengel	\$55.00	All Counties	I have 20 years experience working with the disability community. The last 3 years I have worked as a Service Coordinator at an FMS as well as a Certified Support Planner, gaining a lot of knowledge about Self Directed Services.
Life of My Own, LLC 2205 Shenandoah Ln N #114 Plymouth, MN 55447 Tel: (612) 267-1519 Fax: (763) 444-1837 Email: betty@lifeofmyown.net	Betty Peterson	\$45.00	All Counties	Over 20 years experience in disability field, autism certification, and special ed background. Flexible scheduling. 9 years exp. with plan development. Willing to work statewide. Video conferencing (need only webcam and med. quality internet).
Life Planning 18125 Tulane St NE Columbus MN 55025 Phone: 651-464-1621 Fax: 651-982-1522	Marta Bradshaw	\$60.00	Anoka Washington Isanti Chisago Pine Kanabec	I am an independent Support Planner. I have had 17 years of Healthcare experience with special needs population of all age levels. Personally I have 2 disabled children, 1 with autism and one with multiple disabilities. Both receive waived services. I work closely with Social Workers and Fiscal Management Services to ensure Client expectations and needs are met.

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Mahad Support Planner LLC Phone: 320-443-5681 Email: hellomahad81@gmail.com	Mahad Mohamed	\$45.00- \$50.00	All Counties	Mahad Support Planner has years of experience working with individuals eligible for CDCS services. Well-trained in writing person-centered community support plans. Have more knowledge and understanding in waived programs. Fluent in Somali, Oromo and English language. We help families to more understand the programs, and identify their goals, and tell them other CDCS options available in order to achieve a greater independence.
MFT Services, LLC 355 Transit Avenue Roseville, MN 55113 Tel: (651) 484-2654 or (651) 728-1448 Fax: 651-484-2654 Email: mfthaoservices@gmail.com	May Thao	\$50.00	All Counties	Over 15 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of school and social service delivery systems, and community resources and services. Bilingual: Hmong/English.
Minding Emergence, LLC 4412 W Lake Harriet Pkwy, Ste A Minneapolis, MN 55410 Tel: 218.522.0167 Email: jodib@mindingemergence.com	Jodi Beckstrom	\$50.00	Eleven Metro Counties (Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Ramsey, Scott, Sherburne, Washington, and Wright); Any Greater Minnesota County by special arrangement	I am a family member of two people who live/have lived with disabilities; one person with downs syndrome, the other with a quadriplegic disability – both fabulous human beings. Professionally, I have worked in community multi-sector collaboration for children and family services for over 20 years. Most recently, I worked in disability services with Hennepin, Anoka, Dakota & Ramsey counties. I am trained in Person-Centered Thinking & Planning, concentrating on a person's strengths. I am also a trained facilitator and certified in individual change management.

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Minnesota Disability Support Alternatives (MNDSA) 651-317-4679 phone 651-560-5578 fax Email: main@mndsa.org Website: www.mndsa.org	Kayla B. Sarah D. Nicole C. Peter C. Jessica E. Sharynetta P.	\$55.00	ALL Minnesota counties, utilizing video or teleconferencing to reach rural areas that have little or no access to support planners.	Our staff have over 25 years of experience working with disabled individuals and their families. All of us either qualify as disabled ourselves or have a family member with a disability. This combination of professional and personal experience ensures that all of our services are provided with a unique perspective. We believe that it is important for EVERYONE to have access to high quality support planning.
Minnesota Support Planning, LLC Licensed School Counselor/Licensed Social Worker 651-789-4528 Cell-952.594.0050 abdifatah.kofiro@outlook.com	Abdifatah Kofiro	\$45-\$60- rate varies depending on distance of travel from office to individual served.	All Counties	Over 4 years of experience working with individuals with disabilities. Have experience working with both CCB and AC-EW CDCS. Have in depth knowledge and understanding in waived programs and supports to help individuals achieve greater independence in the community. We are also fluent in Somali.
Neal Support Planning Services Phone: 320-291-2383 Email: jasonjessicaneal@msn.com	Jessica Neal	\$50.00	All Counties	20 plus years of work with individuals with disabilities, waivers, and county services. Knowledgeable with medical terminology as well experienced in the emergency medical field. Personally experienced as a parent of medically complex children, individuals with ASD, FAS, RAD.
Kassim Osman 919 12th Ave SE unit 214 Minneapolis, MN 55414 612-272-8031 Kamundu96@gmail.com	Kassim Osman	\$55.00	All metro counties	Disability advocate for over 10 years and experience in the provision and management of county service such as CDCS and other support services. Possesses strong work ethics and recognized for the ability to deliver results.

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Polly Owens 3315 42nd Avenue SE Rochester, MN 55904 Tel: (507) 259-0824 Fax: (507) 289-0090 smilinglemur8825@gmail.com	Polly Owens	\$50.00	Olmsted, Dodge, Winona, Wabasha, Mower, Houston, Fillmore, Rice, Goodhue, Freeborn, Steele, Dakota, Hennepin, Ramsey	I have been a support planner for 10 years and have over 30 years experience assisting individuals in directing their supports. I am an experienced person-centered planning facilitator, trainer and advocate with a passion for helping individuals live their best life.
Personal Planning LLC Phone: 320-391-1043 Email: personplan@embarqmail.com	Janet Steinbrecher	\$55.00	All Counties	I love working with families to write a plan that best fits their needs. I have person centered training, have worked with individuals with disabilities for 5 years, and have been a support planner for a year and a half. I have enjoyed the families I have submitted plans for very much and would love to continue serving more families.
Pierce Planning 8134 173rd Street West Lakeville, MN 55044 Tel: (763) 412-7472 Web: pierceplanning.wordpress.com	Kerri Wyman	\$60.00	Metro counties & others by special arrangement	Over 12 years experience in the Disability Community and Client Driven Supports. I enjoy collaborating with individuals to create a plan that is person-centered and focuses on their particular needs. I look forward to serving you.

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PLAID Professional Services PO Box 201, Pennock, MN 56279 320-212-2222 PLAIDproservices@gmail.com tammib@PLAIDProServices.net www.PLAIDProServices.net	Tammi Buska (previously Boedigheimer)	\$50.00	All Counties	I am an Independent Support Planner committed to providing quality services in assisting individuals in developing a Person-Centered plan that supports positive living, independence, and quality of life. Personally, I am a parent of three disabled young adults, two with severe autism who use CDCS and one with a traumatic brain injury. I am a nationally certified guardian, person-centered trained, PCA certified, have a master's degree in psychology and behavior analysis, and over 20 years' experience working with systems that support people with disabilities (e.g. educational teams, county services, etc.). My combined knowledge as an involved parent of kids with severe disabilities, supporting other families in various ways, advocating for excellence and higher expectations, and all of my education can give individuals confidence in my abilities to serve them well as a support planner. My goal will be to learn what individual want in life and do my best to help them develop a plan that supports their goals, dreams, and expectations so they thrive and achieve living a life they desire. I can meet with you in-person, through video chat, or by phone; whichever is most convenient for you.
Professional Services Group 2520 W. Larpenteur Ave., #100 Lauderdale, MN 55113 Phone: 612-250-9590	Mohamed Yarow	\$55.00	All metro counties, Stearns, Sherburne, Rice, Olmstead and Blue Earth	

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Professional Support Planning Services, LLC phone: 320-309-5255 fax: 320-338-7165 PSPStoday@gmail.com	Kellie Pennie	\$55.00	All Counties	I am a parent of a child that is on a TBI-NB waiver and we have been utilizing the CDCS option for over 7 years. I provide exceptional customer service and assist all of my clients to find the resources they need to create healthy, safe lives while striving for feelings of fulfillment and joy. I take great pride in creating person centered plans that are unique to each individual, while creating positive relationships for all members of my client's team.
Prouty Support Planning and Consultation 14017 White Rock Road Burnsville, MN 55337 Tel: (952) 240-6121 deann@proutysupportplanning.com	DeAnn Prouty, Stacy Feilen	\$50.00	All Counties	I am an Independent Support Planner who has worked in social services for over 20 years and been a Support Planner for the last 10 years. I have experience in CDCS and all waiver types. I am passionate about providing services that are person centered, responsive and focused on achieving your goals. I am able to arrange meetings in that manner that best meets your needs-- in person, through video chat or conference call.
Remarkable Care Planning LLC 2500 Nathan Ln N. #131 Plymouth, MN 55441 Tel: (612) 366-5336 remarkablecareplanning@yahoo.com	Dakisha L. Whitson	\$50.00	Metro Area	

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Southeastern Minnesota Center for Independent Living (SEMCIL) 2720 N. Broadway Rochester, MN 55906 Tel: (612) 703-2647 Fax: (651) 454-2773	Mitchel Paulson and Larry More	\$45.00	Serving Rochester and southeast Minnesota	
Southern Minnesota Independent Living Enterprises and Services (SMILES) 709 So. Front St., Suite 7 Mankato, MN 56001 Tel: (507) 345-7139 Fax: (507) 345-8429 Web: www.SMILESCIL.org	Erica Rewitzer, Tricia Garza and Bethany Miller	\$60.00	Blue Earth, Nicollet, LeSueur, Sibley, Brown, Waseca, Faribault, Martin, and Watonwan Counties	SMILES has been providing independent living services to people with disabilities for more than 20 years.
Southwestern Center for Independent Living (SWCIL) 109 S. Fifth Street, Suite 700 Marshall, MN 56258 Tel: (507) 532-2221 TTY: (507) 532-2221 Fax: (507) 532-2222 Web: www.SWCIL.com	Linda Halbur, LSW Jen Thovson Shanda Walker Jennifer Cox		Cottonwood, Jackson, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Rock, and Yellow Medicine Counties	SWCIL has been providing independent living services to people with disabilities based on consumer choice for more than 25 years.
A Spark of Inspiration LLC Email: Lana@spark2hope.org or Phone: 763-260-0182 for new planning requests. www.spark2hope.org	Lana Sarah Amie Patti	\$50.00 - \$53.00	Sherburne Wright Anoka Benton Stearns Mille Lacs Todd Meeker Hennepin Other counties by consideration. We provide phone, virtual or in person meetings.	We provide support planning services and resources to families, helping them build plans with needed services, supports, and goods that meet their health and safety needs. We work with clients on creating goals to help maintain health, safety and increase skills and independence. The team has planners with lead agency experience, nursing, several years combine experience working with vulnerable populations and family members with medical/ special needs. We love providing education so that clients/ families can make the best choices for their needs.

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
Support Broker Services, LLC 6536 Kenwood Rd. St. Cloud, MN 56303 Tel: (320) 282-9331 Fax: (320) 251-5396	Teri Bierman Julie Crane Jennifer Wahl	\$55.00	Stearns, Benton, Sherburne, Wright, Mille Lacs, Isanti, Crow Wing, others case by case consideration	Former English Teacher and Parent of Child on CAC Waiver. Experienced in Person-Centered Planning and advocacy for individuals with disabilities. Experienced in home/vehicle modifications, nursing level of cares, communication and behavioral resources.
Support Planner Solutions, LLC 8088 112 th St NW Annandale, MN 55302 Tel: (507) 317-3771 Fax: (320) 323-4450 mhadfield.spsolutions@outlook.com	Melissa Hadfield	\$50.00	Wright, Sherburne, Stearns, Benton, Todd and Meeker counties and other counties by special arrangement	I am an independent Support Planner and parent of 2 children who have been using CDCS waived services since 2012. I strive to help my families find the resources they need to live better lives and thrive at home by establishing personal goals and creating a person centered CDCS plan. I am experienced with nursing level of care, behavioral resources and planning for home modifications.
Supporting Home L.L.C. 1703 Hazel Hill Rd SE Alexandria, MN 56308 320-424-1128 Weltmelissa21@gmail.com	Melissa Welte	\$40-45	All Counties	I am independent support planner. I have been working with CDCS for my son who is developmentally delayed for 10 years. I specialize in families with special needs children and utilizing services to meet those needs.

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
<p>Shanasha Whitson, MA, LSW, MA Community Partnership Collaborative 2.0 3210 Oliver Avenue North Suite 3 Minneapolis, MN 55412 612-481-3577 Office 612-200-8655 Fax cpc@cpcmn.org Email</p>	<p>Shanasha Whitson</p>	<p>\$65.00</p>	<p>All Counties</p>	<p>Shanasha Whitson is a culturally competent and culturally responsive CDCS support planner with an office in North Minneapolis and a satellite office in Crystal Minnesota and Brooklyn Center Minnesota. Shanasha has a bachelor's degree in psychology with a minor in criminal justice and a master's degree in psychology from Saint Mary's University of Minnesota in the areas of licensed professional clinical counseling and licensed alcohol and drug counseling. Shanasha has worked in and around the community for more than 15 years specific to community health and the social determinants of health. Shanasha provides CDCS Support planning services from A-Z. Shanasha works with the LGBTQ, BPoC, families, The Autistic Community, The Elderly, Families from every walk of life and Individuals with specific/unique needs.</p>

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
<p>Winding River Services, LLC 1454 97th Ave NW Coon Rapids, MN 55433 (763) 486-9916 elisabeth@windingriverservices.com www.windingriverservices.com</p>	<p>Elisabeth Adams</p>	<p>\$60.00</p>	<p>Anoka Hennepin Ramsey Washington (All other counties by special arrangement)</p>	<p>With over 10 years of experience in waiver programs and support planning, Elisabeth specializes in working with individuals with autism and their teams as well as consumers with physical disabilities. She has considerable experience with home and vehicle modifications and behavioral resources. Elisabeth initially came to CDCS as the parent of a child with multiple physical and cognitive disabilities, and she understands the process from both a professional and personal perspective. She brings 20 years of professional writing and education administration experience to her support planning business and is committed to achieving creative and positive person-centered results and plans for her clients.</p>
<p>XK Equitable Care Services 3610 North 6th Street Minneapolis, MN 55412 Tel: (612) 802-6299 Fax: (612) 802-6299 (please call 1st to connect to fax) Yenvisetx@gmail.com</p>	<p>Yenviset “Yen” Xiong</p>	<p>\$50.00</p>	<p>Counties within 2.5-hour drive of Twin Cities</p>	<p>Over 12 years of support planning experience in providing personalized services to individual person or family in need of independent living services and support by using the person-centered approach or principles to writing the individualized support plan and budgeting. Knowledge and skills in facilitating, coordinating, recruiting workers, referral to community resources, inclusion, obtaining employment, and many other social service spectrum. Certified Global Career Development Facilitator, HIPPA certification, Financial Counselor and Career Counselor Certification, BSW with more than 16 years of work experience in social work practice.</p>

Company/Service Provider	Individual Planners	Rate per Hour	Counties Served	Additional Details
Yusra Services, Inc Ph: 952-297-7468 Fx: 952-513-4615 Email: hmohamed@yusraservices.com	Hassan D Mohamed	\$45-\$50 per hour	Seven counties metro area Stern County St. Louis County Blue Earth County Olmstead County and Kandiyohi County	Yusra Services Inc has years of experience working with individuals eligible for CDCS services. We have helped families understand the program and identify their goals and resources available. We have a strong background in economics, business management, taxes, interpretation and translation. We speak Somali and Oromo languages and help communities from East Africa and greater Minnesota to more clearly understand the CDCS program. We help families overcome language barriers. We have over 20 years experience interpreting and translating English to Somali and Oromo languages.