## **Anoka County**

## PUBLIC HEALTH NURSE FAMILY HOME VISITING



Public Health Nurses provide free, confidential, non-judgmental, and voluntary services in your home, school or other location of your choice.

## LEARN AND GET SUPPORT WITH:

- Having a healthy pregnancy, baby and children
- Ways to play with your baby and or children that will help their brain grow
- Prenatal care, becoming a parent and child development
- Building a strong network of support for you and your family
- Making your home a safe place for children to live and play
- Connecting to services and resources in your community
- Setting goals for your family's future and finding ways to reach them

If you are expecting a baby, parenting with questions, or need support please call us today.

Public Health Nurse Intake 763.324.4240

Other Anoka County Resources:

Immunization Hotline 763.324.4210

**WIC** 

763.324.4230

Child & Teen Checkups 763.324.4280