



# Adapted Swimming Lessons Request

*Consumer Directed Plans Only*

Participant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Plan Start Date \_\_\_\_\_ Plan End Date \_\_\_\_\_

Agency Providing Lessons \_\_\_\_\_ Cost Per Lesson/Session \_\_\_\_\_

This form should be completed and submitted to the case manager prior to renewal of swim lessons or attach similar documentation from the swim agency. Swim lessons may be pended on a plan until this form is received.

Guidelines: CDCS funds may be used for adapted swim lessons when needed to ensure the child's health and safety. \$75 limit per lesson.

- CDCS will NOT fund advanced swimming strokes and skills such as "butterfly", "backstroke", diving, etc.
- Instructor will be certified by the American Red Cross as a "Basic Swim Instructor (BSI)" or hold an equivalent certification and the ability to produce it upon request.
- Anoka County may request a copy of the instructor certificate and/or information about the class

## Summary of Progress:

Learned basic water safety for use at public pools, homes, and natural bodies of water.

Learned how to communicate if in trouble (e.g. how to shout for help).

Learned how to keep afloat in water and get him/herself to safety. (ex. Tread water and get to pool wall)

Other:

## Instructor Recommendations:

## Swim Instructor Signature:

A typed signature on this document constitutes an original signature for the purposes of this program.

## For Lead Agency Approval

Review Date

Supervisor Initials

Approved

Denied