

The Anoka County SHIP Team sends our wishes of health, safety, and strength to all of you during this challenging time. In this edition of our quarterly newsletter, we're sharing COVID-19 resources that may be helpful for our partners across the various settings in which we do our work. If you need any additional support, please feel free to reach out at SHIP@co.anoka.mn.us. Thank you for your service to our community!

GENERAL COVID-19 INFORMATION

2019 Novel Coronavirus (COVID -19)



For up to date information on the COVID-19 situation and response in Anoka County, visit: www.anokacounty.us/3850/COVID-19

For updates from MDH, as well as a variety of resources, visit: www.health.state.mn.us/diseases/coronavirus/

PREVENT THE SPREAD OF COVID-19



Stay home when you are sick



Cover your coughs and sneezes



Practice good hand washing



Disinfect surfaces

Follow additional CDC guidance, found [here](#).

ANOKA COUNTY COVID-19 RESOURCES

Anoka County COVID-19 Resources



Anoka County SHIP has compiled a variety of resources to support the community during this time. We have created a web page with links to resources for various topics including food access, physical activity, tobacco cessation, mental well-being, and violence prevention. There are also resources specific to youth/families, seniors, food shelves, schools, and workplaces.

Visit anokacounty.us/3876/COVID-19-Resources to view and share resources with your guests, clients, patients, and students.

ANOKA COUNTY SHIP IS HERE TO HELP!

We're all facing unique challenges as the coronavirus situation continues to develop in Minnesota, and while we know that needs and priorities have shifted for many of our partners, we want you to know that we are here to support you with any resources and connections we can provide.

If there is anything Anoka County SHIP can do to support your work and the transitions you're experiencing, please don't hesitate to reach out. We are still providing funding to partners to address food access/healthy eating, physical activity, and tobacco-use among the individuals and families they serve. Please reach out to SHIP@co.anoka.mn.us and we will do whatever we can to help.