

MARTIN-ISLAND-LINWOOD LAKES REGIONAL PARK



PARK ACTIVITIES



CAMP SALIE



PLAYGROUND



CANOEING



WALKING



BOAT
LAUNCH



PICNIC
PAVILIONS



SWIMMING
BEACH

UNIQUE
HABITATS:



BOG AND
WETLANDS



WEST BRANCH
SUNRISE RIVER



MAPLE, OAK, AND
BASSWOOD FOREST

IMPORTANT NUMBERS

PARKS & RECREATION OFFICE

763-324-3300

PARK SERVICES

763-324-3360

NATURAL RESOURCES AND WILDLIFE

COMMON ELDERBERRY This native wetland and sun-loving species can be found growing on wetland edges. The dark berries it produces are loved by a wide variety of birds, who quickly eat up the ripe fruit.

REPTILES AND AMPHIBIANS A diversity of reptiles and amphibians can be found in this park, thanks in part to the wetland habitat. Listen for the distinct calls of different frogs such as Grey Tree Frogs and Green Frogs throughout the summer.

GREAT HORNED OWL The heaviest of Minnesota's owls, the Great Horned Owl can be found hunting throughout the evening. Listen for their repeated hooting calls especially from November through February.

MARTIN - ISLAND - LINWOOD LAKES REGIONAL PARK

-  PARK BOUNDARY
-  STATE LAND BOUNDARY
(CARLOS AVERY WILDLIFE MANAGEMENT AREA)
-  PAVED ROADS
-  AGGREGATE ROADS
-  UN-PAVED TRAILS
-  BOARDWALK
-  CAMP SALIE
-  PICNIC PAVILION
-  PICNIC AREA
-  RESTROOMS
-  PORTABLE TOILET
-  BOAT LAUNCH
-  SWIMMING BEACH
-  SWING SET

*NOTE: TRAIL DISTANCES ARE SHOWN FOR SEGMENTS
WITHIN THE PARK AND BETWEEN TRAIL
INTERSECTIONS OF THE SAME TRAIL SURFACE TYPE.

