

## BREASTFEEDING SUPPLIES AND PUMPS

### **Allina Home Oxygen & Medical Equipment**

(651) 628-4800, 1-800-737-4473  
[allinahealth.org](http://allinahealth.org)

### **Goodrich Pharmacy**

Andover (763) 434-1901  
Anoka (763) 421-5540  
St. Francis (763) 753-0222  
[Goodrichpharmacy.com](http://Goodrichpharmacy.com)

### **Milk Moms**

(763) 413-0129  
or 1-866-MILKMOMS  
[www.milkmoms.com](http://www.milkmoms.com)

### **Midwest Medical**

(763) 780-0100

### **Blue Plus**

(651) 662-5545

### **Health Partners**

(952) 967-7998  
(952) 967-7050 (Spanish line)

### **UCare**

(612) 676-3200

## BREASTFEEDING HELPLINE

National Women's Health  
Information Center  
Mon-Fri, 9am-6pm EST  
(English and Spanish)  
1-800-994-9662 (toll free)  
1-888-220-5446 (TDD, toll free)

## ADDITIONAL RESOURCES

A variety of Healthy Living, including breastfeeding, materials may be available for reference at your local library. Visit the Anoka County library website to search their catalog, request materials and find a library near you!  
**(763) 324-1510**  
[www.anoka.lib.mn.us](http://www.anoka.lib.mn.us)

The following resources can help you find additional no-or low-cost services in Anoka County and the metro area:

Anoka County Community Action  
Program (ACCAP)  
**(763) 783-4747**  
[www.accap.org](http://www.accap.org)

United Way 2-1-1  
**(651) 291-0211**  
[UnitedWay.org](http://UnitedWay.org)

## INTERNET RESOURCES

[www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)  
[www.breastfeedingonline.com](http://www.breastfeedingonline.com)  
[www.kellymom.com](http://www.kellymom.com)  
[www.lowmilksupply.org](http://www.lowmilksupply.org)  
[www.babycenter.com/breastfeeding](http://www.babycenter.com/breastfeeding)

# Anoka County Breastfeeding Resource List



**Breastmilk  
SAVES LIVES**  
Provides Initial Immunization  
Fights Disease  
**Is Easier To Digest**  
Provides Perfect Nutrition



## CLINICS

### CHILD AND TEEN MEDICAL CENTER

Breastfeeding support and education with our Certified Lactation Counselor from the early stages of latching until you are ready to wean. Interactive one on one breastfeeding consultations and telephone consultations

Jennifer Flick, RN, CLC

#### *Fridley Location*

500 Osborne Rd NE, Suite 215  
Fridley, MN 55432

#### *Blaine Location*

11107 Ulysses Street NE  
Blaine, MN 55434

**(763) 333-7733**

[www.childandteenmedicalcenter.com](http://www.childandteenmedicalcenter.com)

### NORTH METRO PEDIATRICS

One-on-one breastfeeding consultation, telephone consultation, postpartum care management (infant), Health Care Home MCH care coordination (infant).

10081 Dogwood Street NW, Ste 100  
Coon Rapids, MN 55448  
**(763) 783-3722**  
[www.northmetropeds.org](http://www.northmetropeds.org)

### FAIRVIEW-ANDOVER

One-on-one breastfeeding consultation, postpartum breastfeeding care management (mother & infant), Health Care Home MCH care coordination (mother & infant).

13819 Hanson Blvd NW  
Andover, MN 55304  
**(763) 392-4001**  
[www.fairview.org/clinic/andover](http://www.fairview.org/clinic/andover)

## PUBLIC HEALTH NURSE

Provides home visits that include education and support for pregnant, postpartum and breastfeeding women and teens. The nurse, a certified lactation educator, can also weigh and measure your baby. Telephone calls are always welcome for questions. A board certified lactation consultant is available for phone consultation or one-on-one as needed. Services are at no cost to you.

**(763) 324-4240**

[AnokaCounty.us/PublicHealthNursing](http://AnokaCounty.us/PublicHealthNursing)

## WIC

The Women, Infants, and Children (WIC) is a nutrition program that helps income eligible pregnant women, mothers and children up to age 5 eat well, learn about nutrition, and stay healthy. They offer breastfeeding support and WIC Breastfeeding Peer Counselors.

**(763) 324-4230**

[AnokaCounty.us/WIC](http://AnokaCounty.us/WIC)

## LA LECHE LEAGUE OF ANOKA COUNTY

LLL Breastfeeding Helpline Counselors available in English & Spanish

**1-877-452-5324**

[breastfeedinghelpline.com](http://breastfeedinghelpline.com)

[www.llofmdas.org/Anoka-County](http://www.llofmdas.org/Anoka-County)

## BREASTFEEDING SUPPORT GROUP

### BABY CAFE -

Monday 12pm-2pm

Free, drop-in center for pregnant and breastfeeding moms for information and support. Visit with a board-certified lactation consultant and other breastfeeding mothers.

Mercy Hospital  
4050 Coon Rapids Blvd  
Coon Rapids, MN 55433  
**(763) 236-7430**  
[www.allinahealth.org](http://www.allinahealth.org)

## HOSPITALS

\*\*Check with your health insurance plan about coverage for a visit with a lactation consultant before scheduling.

### Mercy Hospital

4050 Coon Rapids Blvd  
Coon Rapids, MN 55433  
[wellness.allinahealth.org/events](http://wellness.allinahealth.org/events)

Breastfeeding "warmline"  
**(763) 236-7430**

