

Anoka County SHIP Impact

Creating better health where we live, learn, work, and play

Over the past three years, the Anoka County Statewide Health Improvement Partnership (SHIP) has been working to create healthier communities across the county by expanding opportunities for active living, healthy eating, and tobacco-free living. SHIP has partnered with 120 organizations since 2016, including schools, cities, businesses, apartment owners/managers, farmers, community groups, senior organizations, clinics, faith communities, and many more, to create better health together across the county.

Active Living in Communities



- Partnerships with 5 cities plus Anoka County Libraries and Parks & Recreation
- Increased opportunities for walking and biking with new bike racks and fix-it stations, a fat tire bike fleet program, and support to create safe walking and biking routes to parks

Healthy Eating in Communities



- 22 community partners including food shelves, emergency food systems, community meals, farms, and faith organizations
- Increasing access to healthier food options for almost 20,000 people per year (on average)

Schools



- 33 school partnerships across 6 districts
- Impacting over 18,000 students per year (on average) through healthy eating and physical activity initiatives including Farm to School, nutrition education, and activity in classrooms and at recess

Health Care



- 12 health care clinic partners including primary care and behavioral health
- Helping almost 13,000 patients per year (on average) with accessing community resources to address nutrition, activity, food insecurity, and tobacco-use

Workplaces



- 16 worksites have partnered with SHIP and established their own wellness committees
- Supporting the health of almost 2,000 employees in the workplace through healthy eating, physical activity, breastfeeding, and tobacco-free initiatives

Tobacco: Smoke-Free Multi-Unit Housing



- 20 property manager/management company partners
- 13 new tobacco-free policies and enforcement/sustainability support for 5 existing policies
- Impacting the health of over 4,000 residents



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