

Anchors aweigh! Anoka County SHIP has been busy setting sail on the next grant year and showing our new partners the ropes, but we'd like to highlight some recent success stories from partners promoting healthy eating, active living and tobacco-free living in our community.

## PARKVIEW VILLA: PROTECTING RESIDENTS FROM SECONDHAND SMOKE

Parkview Villa, a senior living community in Columbia Heights, has partnered with Anoka County SHIP on a variety of strategies. This past year, they chose to focus on expanding their tobacco-free policy to include e-cigarettes and increase their set-back to 50 feet.

Read Parkview Villa's success story [here](#).

Learn more about our Smoke-Free Multi-Unit Housing work [here](#).



## MINNESOTA FRESH FARM: INCREASING ACCESS TO HEALTHY, FRESH, & LOCAL FOOD

Bruce and Sharon Johnson, the owners of Minnesota Fresh Farm, wanted to do more to help low income families in their community access healthy, fresh, local food. Through the support of SHIP, they were able to accept EBT/SNAP benefits at their farm stand for the first time this past season. Read their success story [here](#).



The Anoka County SHIP team had a chance to test out the new Anoka County Parks & Rec Fat Tire Bike Fleet! Visit their [website](#) to view the schedule and sign up for a class.

## MEET OUR NEW HEALTHY EATING EDUCATOR

Erin Ostrowski joined the Anoka County SHIP team in November as the Healthy Eating Educator contracted through the University of Minnesota Extension. She previously served the Twin Cities Metro area as a SNAP-Ed Educator and an Assistant Program Coordinator with Cooking Matters. Erin draws experience working with varied audiences and partners from both her professional career and from her volunteer work in Mississippi, Louisiana, and Ghana. Promoting health equity and access for all is an underlying passion she brings to members of our community. Please feel free to reach out to Erin at [erin.ostrowski@co.anoka.mn.us](mailto:erin.ostrowski@co.anoka.mn.us)

