

BREASTFEEDING SUPPLIES AND PUMPS

Allina Home Oxygen & Medical Equipment

(651) 628-4800, 1-800-737-4473
allinahealth.org

Goodrich Pharmacy

Andover (763) 434-1901
Anoka (763) 421-5540
St. Francis (763) 753-0222
Goodrichpharmacy.com

Milk Moms

(763) 413-0129
or 1-866-MILKMOMS
www.milkmoms.com

Midwest Medical

(763) 780-0100

Blue Plus

(651) 662-5545

Health Partners

(952) 967-7998
(952) 967-7050 (Spanish line)

UCare

(612) 676-3200

BREASTFEEDING HELPLINE

National Women's Health
Information Center
Mon-Fri, 9am-6pm EST
(English and Spanish)
1-800-994-9662 (toll free)
1-888-220-5446 (TDD, toll free)

ADDITIONAL RESOURCES

A variety of Healthy Living, including breastfeeding, materials may be available for reference at your local library. Visit the Anoka County library website to search their catalog, request materials and find a library near you!
(763) 324-1510
www.anoka.lib.mn.us

The following resources can help you find additional no-or low-cost services in Anoka County and the metro area:

Anoka County Community Action Program (ACCAP)
(763) 783-4747
www.accap.org

United Way 2-1-1
(651) 291-0211
UnitedWay.org

INTERNET RESOURCES

www.womenshealth.gov/breastfeeding
www.breastfeedingonline.com
www.kellymom.com
www.lowmilksupply.org
www.babycenter.com/breastfeeding

Anoka County Breastfeeding Resource List



Breastmilk
SAVES LIVES

Provides Initial Immunization
Fights Disease

Is Easier To Digest

Provides Perfect Nutrition



CLINICS

FRIDLEY CHILDREN'S & TEENAGERS' MEDICAL CENTER

One-on-one breastfeeding consultation, postpartum breastfeeding, care management (mother & infant).

Jennifer Flick, RN, CLC
500 NE Osborne Rd NE, Suite 215
Fridley, MN 55432
(763) 236-2700
www.fridleychildrensandteens.com

FAIRVIEW-ANDOVER

One-on-one breastfeeding consultation, postpartum breastfeeding care management (mother & infant), Health Care Home MCH care coordination (mother & infant).

13819 Hanson Blvd NW
Andover, MN 55304
(763) 392-4001
www.fairview.org/clinic/andover

NORTH METRO PEDIATRICS

One-on-one breastfeeding consultation, telephone consultation, postpartum care management (infant), Health Care Home MCH care coordination (infant).

10081 Dogwood Street NW, Ste 100
Coon Rapids, MN 55448
(763) 783-3722
www.northmetropeds.org

PUBLIC HEALTH NURSE

Provides home visits that include education and support for pregnant, postpartum and breastfeeding women and teens. The nurse, a certified lactation educator, can also weigh and measure your baby. Telephone calls are always welcome for questions. A board certified lactation consultant is available for phone consultation or one-on-one as needed. Services are at no cost to you.

(763) 324-4240
AnokaCounty.us/PublicHealthNursing

WIC

The Women, Infants, and Children (WIC) is a nutrition program that helps income eligible pregnant women, mothers and children up to age 5 eat well, learn about nutrition, and stay healthy. They offer breastfeeding support and WIC Breastfeeding Peer Counselors.

(763) 324-4230
AnokaCounty.us/WIC

BREASTFEEDING SUPPORT GROUP

BABY CAFE -
Monday 12pm-2pm

Free, drop-in center for pregnant and breastfeeding moms for information and support. Visit with a board-certified lactation consultant and other breastfeeding mothers.

Mercy Hospital
4050 Coon Rapids Blvd
Coon Rapids, MN 55433
(763) 236-7430
www.allinahealth.org

LA LECHE LEAGUE OF ANOKA COUNTY

LLL Breastfeeding Helpline Counselors available in English & Spanish

1-877-452-5324
breastfeedinghelpline.com
www.llofmdas.org/Anoka-County

HOSPITALS

**Check with your health insurance plan about coverage for a visit with a lactation consultant before scheduling.

Mercy Hospital

4050 Coon Rapids Blvd
Coon Rapids, MN 55433
wellness.allinahealth.org/events

Breastfeeding "warmline"
(763) 236-7430

