

# Who to Call

## Resources for Anoka County children and families

### Childcare and Education

**Metro North Adult Basic Education 763-433-4200**

Free adult classes including ESL, GED preparation, MN State diploma, college entrance preparation, basic reading, writing, and math.

**Child Care Assistance 763-324-2360**

Help paying for child care, based on sliding scale, must be eligible.

**Child Care Aware 1-888-291-9811**

Help finding quality child care.

**Early Childhood Family Education (ECFE)**

Call your local school district

Fun and educational classes for children (birth-age 5) and their families, sliding scale fees.

**Head Start Program 763-783-4300**

Free preschool for children (birth-age 5), must be income eligible.

**Help Me Grow 1-866-693-4769**

Free help for children (birth-age 5) with physical and/or behavioral delays.

**Safe Kids Anoka County 763-767-4664**

Car seat and bike helmet information and clinics.

### Financial and Legal

**ACCAP Energy Assistance 763-783-4712**

Assistance with heating bills for income eligible households.

**Salvation Army Heatshare 763-755-6873**

Help with heating emergencies for Anoka County Residents, must have tried other programs first.

**Child Support 763-324-2420**

Establishing parentage and enforcing orders for support.

**Economic Assistance EZ Info 763-422-7200**

SNAP, Cash (MFIP, DWP), and Healthcare (Medical Assistance/MNsure) programs.

Also can apply at [Applymn.dhs.mn.gov](http://Applymn.dhs.mn.gov)

**Family Means Consumer Credit 651-439-4840****Counseling**

Free budget and credit counseling.

**Legal Aid Immigrant Law Project 612-332-1441**

Legal services and information for immigrants.

**Judicare 763-783-4970**

Free legal representation for low income Anoka County residents.

**CareerForce 763-324-2300**

Help and resources for finding employment.

### Free Clothing

**ACBC Foodshelf, Anoka 763-422-0046****Joseph's Coat, St. Paul 651-291-2472****Lydia's Closet, Columbia Heights 763-789-4337****The Clothing Closet (NACE), East Bethel 763-434-7685****Salvation Army 763-755-6873**

### Food Assistance

**SNAP 763-422-7200**

Food support assistance for eligible families.

**WIC (Women, Infants and Children) 763-324-4230**

Supplemental food program and nutrition education for pregnant or breastfeeding women and children (birth-age 5). Must be eligible.

**FARE for All 763-450-3880**

Discounted food packages, [fareforall.org](http://fareforall.org)

**Food Shelves, Food Distributions, and Family Table Meals.....**Call Anoka County Child and Teen Checkups for an updated list 763-324-4280.

### Health Care Services and Programs

**Anoka County Immunization Line 763-324-4210**

Immunizations for under insured and uninsured.

**Anoka County Public Health Nursing 763-324-4240**

Free nurse home visiting program to support families during pregnancy and parenting.

**Economic Assistance EZ Info 763-422-7200**

Medical Assistance/MNsure programs. Questions, changes, applying for assistance.

**MNsure.org 1-855-366-7873**

Apply online for Medical Assistance, MinnesotaCare or private health plans, call with questions.

**MNsure Help Center** Open 8:00am-3:00pm Mon-Fri

1201 89th Ave NE, 4th Floor

Blaine, MN 55434

### Hearing/Speech Impaired

**Minnesota Relay Service 7-1-1 or 1-800-627-3529****Speech-to-Speech 1-877-627-3848**

## Hotlines, Crisis, and Other Help

**Ambulance, Fire, Police Emergency** 9-1-1

**Poison Control Center** 1-800-222-1222

**Alexandra House** 763-780-2330

Emergency shelter and 24 hour crisis line for victims of domestic and sexual violence and their children.

**Child Protection** 763-324-1440

To report suspected abuse or neglect of a child living in Anoka County.

**Emma B Howe YMCA** 763-493-3052

Resource line and supportive services to youth (12-24) dealing with homelessness, foster care, or the juvenile justice system.

**HOPE 4 Youth** 763-323-2066

Drop in resource center for homeless youth (under age 23), provides hot meals, clothing, food pantry, laundry and shower facilities, and computer lab for housing and job search.

**LGBT National Help Center** 1-888-843-4564

Peer counseling, information and local resources for LGBTQ callers.

**National Domestic Violence Hotline (24/7)** 1-800-799-7233

**National Suicide Prevention Lifeline (24/7)** 1-800-273-8255

**United Way** 2-1-1 or 651-291-0211

24 hour information and referral service for health, recreation, education, social services, etc.

**Youth Link** 612-252-1200

Drop-in center for homeless youth (16-23), hot meals and showers, assistance and resources.

**Epiphany Caring for Life** 612-803-2225

24 hour support during pregnancy and after birth to women and their families. Resources, miscarriage support, material items, and supplies.

## Transportation

**Anoka County Traveler Fixed Routes** 612-373-3333

Regularly scheduled bus routes.

24-hour automated schedule: 612-341-4287

**Metro Area Transit Link** 651-602-5465

Public transportation where regular route service is unavailable. Must make reservations in advance.

**Anoka County Medlink** 763-324-3255

Volunteer transportation, must make reservation in advance. Medical or social service appointments only. Rides provided M-F 8:00am-4:30pm

**NEMT (Non-emergency Medical Transportation)**

(Medical Assistance/MinnesotaCare only) 1-866-467-1724

Transportation to medical or dental appointments, M-F 8am-6pm, must call ahead.

**If you have a Medical Assistance health plan (Blue Plus, HealthPartners, or UCare) call your health plan for transportation.**

## Housing

**ACCAP Housing Hotline** 763-783-4730

Provides a variety of low to moderate-cost housing alternatives in Anoka County.

**Anoka County Housing Help Desk** 763-324-1490

Information on local housing resources and programs.

**Anoka County Housing Resource** 763-324-1215

**Line**

Select from the menu options to be connected to an agency that may be able to help if facing eviction, homelessness, being behind on rent.

**HousingLink** [housinglink.org](https://housinglink.org)

Search for affordable rental units in the area of your choosing.

## Multi-Cultural Support

**Comunidades Latinas Unidos En Servicio (CLUES)** 612-746-3500

Bilingual and bicultural advocacy. Information and referral services.

**Confederation of Somali Community in MN** 612-605-3222

Offers education and outreach services, advocacy and intervention, youth services.

**Division of Indian Work** 612-722-8722

Culturally-based education, counseling, advocacy, leadership development, strengthening families, and providing basic needs.

**Southeast Asian Community Council** 651-521-4859

Social services help with completing forms, translation, and transportation services. Counseling, mediation, and referral to resources.

**Slavic Community Center** 651-690-2395

Provides social and education support to the Slavic community.

## Child and Teen Checkups



**Anoka County** 763-324-4280

Help finding a doctor or dentist, making appointments, finding transportation, or scheduling an interpreter for families with children and young adults (birth to age 21) on Medical Assistance. Free and low cost medical and dental resources.

Checkups are due at these ages:

0-1 month	9 months	24 months
2 months	12 months	30 months
4 months	15 months	Yearly ages
6 months	18 months	3-20