MENTAL HEALTH RESOURCES

Call your child’s medical clinic to schedule Child and Teen Checkups at the following ages:
- 0-1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months

CLINICS IN THE ANOKA COUNTY AREA

- Accepts Medical Assistance
- Low Cost or Sliding Fee
- Psychiatric services

CHILD AND TEEN CHECKUPS

0-1 month 9 months 24 months
2 months 12 months 30 months
4 months 15 months Yearly ages
6 months 18 months 3-20

CHILD AND TEEN CHECKUPS

ANOKA COUNTY CRISIS SERVICES

Canvas Health
763-755-3801
Available 24 hours per day/7 days a week
Mobile mental health crisis services for children, adults, and families in Anoka county. Crisis assessment, intervention, and stabilization services.

Anoka County Adult Mental Health
2100 3rd Ave, Ste 500
763-324-1420
Intake for case management services for individuals with serious and persistent mental illness.

Anoka County Children’s Mental Health
3300 4th Ave N, Bldg 9
763-324-1430
Services for children with behavior concerns or emotional disturbances and their families. May include information about mental health, referrals to community agencies, case management, family community support, referrals for diagnostic assessment, other support services.

MENTAL HEALTH SERVICES IN ANOKA COUNTY

Anoka
ABC Family Counseling
763-227-8076
229 Jackson St, Suite 136
Accepts: MA, U
Individual and family counseling, ADHD evaluation.

Bar None Residential Treatment Services
22426 St. Francis Blvd.
763-753-2500
Accepts: B, HP, U
Inpatient treatment for males ages 11-18 with severe emotional/behavioral problems or developmental delays. Programs include shelter care and residential treatment.

Psychiatric services and medication management.

Family Innovations, Inc.
763-421-5535
1833 3rd Ave
Accepts: MA, B, HP, U
Individual and family counseling for adults and children.

Genuine Therapy Center
763-712-1903
630 East Main St, Anoka
Accepts: MA, B, HP, U, sliding fee
Child, individual, couples and family therapy.

Blaine
Volunteers of America-Avanti
763-230-7470
10300 Flanders St NE
Accepts: MA, B, HP, U
Center for girls 13-18 years of age, shelter care, evaluations, and residential treatment services.

Psychiatric assessment and medication management.

Anthony Louis Center
763-757-2906
1000 Paul Parkway
Accepts: MA, B, HP, U
Adolescent substance abuse treatment, residential and outpatient for ages 13-18

For our most current resources

Updated 01/28/2019
Centerville
Center Life Counseling  651-288-0332
7039 20th Ave S
Accepts: MA, B, HP, U
Counseling services for individuals, couples, families, adolescents, and children.

Coon Rapids
Family Based Therapy Associates
199 Coon Rapids Blvd, Ste 306  763-780-1520
Accepts: MA, B, HP, U
Individual, couple, family, play therapy, and adult ADHD testing

Family Life Center  763-427-7964
1930 Coon Rapids Blvd NW
Accepts: MA, B, HP, U, Sliding fee
Individual, couple, family therapy and psychological testing. Psychiatric services and medication management.

Family Strengths Counseling Group, LLC
199 Coon Rapids Blvd, Ste 210  651-214-2575
Accepts: MA, B, HP, U, Sliding fee
Counseling for all ages, play therapy and family therapy for children.

Fraser
612-767-7222
9120 Springbrook Dr.
Accepts: MA, B, HP, U, Sliding fee
Treatment for children ages 0-18 with autism, spectrum disorders, and a variety of mental health diagnoses. Support to families/caregivers through consultation, education, parent/child guidance and therapeutic support. Psychiatric services.

Fridley
Fridley Preschool Mental Health Day Treatment
Anoka-Washington Health Start
9574 Foley Blvd, Coon Rapids

Lee Carlson Center  763-780-3036
10090 Dogwood St. NW Suite 110
Accepts: MA, B, HP, U, Sliding fee
Individual therapy for children and adults, family therapy.

Mercy Hospital Assessment and Referral
4050 Coon Rapids Blvd  763-236-7911
Mental health assessment in the emergency room at Mercy. All ages, 24 hour immediate attention to urgent mental or emotional health problems, and substance abuse crisis. ER charge for this service.

North Suburban Counseling Center
425 Coon Rapids Blvd, Ste 200  763-784-3008
Accepts: MA, B, HP, U, Sliding fee
Counseling and psychiatric medication management for individuals, couples and families. Age 16 to adults.

Nystrom & Associates, Ltd
3833 Coon Rapids Blvd NW, Ste 120  763-767-3350
Accepts: MA, B, HP, U
Individual and family therapy, psychiatric services, play therapy, in-home therapy and parenting assessments.

Therapeutic Services Agency  651-224-4114
3907 Coon Rapids Blvd
Accepts: MA, B, HP, U
Continuum of care and services including outpatient mental health services for all ages and families.

Helena Autism Therapy Center  763-432-3926
5301 E River Service Road, Ste 110
Accepts MA, B, HP, U
Assessment and diagnosis, services for children ages 2-7.

Lee Carlson Center  763-780-3036
7954 University Ave
Accepts: MA, B, HP, U, Sliding fee
Individual therapy for children and adults, family therapy.

Mercy Hospital Unity Campus Assessment and Referral
550 Osborne Rd.  763-236-3800
Mental health assessment in the emergency room at Mercy. All ages, 24 hour immediate attention to urgent mental or emotional health problems, and substance abuse crisis. ER charge for this service.

Minnesota Autism Center  952-767-4200
500 Medtronic Pkwy
Accepts: MA or TEFRA
Provides services to children and adolescents ages 2-21 years with autism spectrum disorder. Assessment and diagnosis.

Ham Lake
Genuine Therapy Center  763-712-1903
1328 McKay Dr. NE, Suite 100
Accepts: MA, B, HP, U, Sliding fee
Child, individual, couples, and family therapy.

Ramsey
Previail Counseling Group  763-427-2590
6933 139th Ln NW
Accepts: MA, B, HP, U
Individual, family, couples, group therapy and psychological assessment.

Fridley
Affiliated Counseling Center  763-572-2605
7260 University Ave NE, Ste 235
Accepts: MA, B, HP, U, Sliding fee

Allina Mental Health-Unity Clinic  763-236-3800
Fridley Medical Center
480 Osborne Rd Suite 260
Accepts: MA
Counseling and psychiatric services for all ages.

Community Options Fridley  763-572-0009
5384 5th St NE
Accepts: MA, B, HP, U
Intensive residential treatment services for persons with serious and persistent mental health illness. Adults 18+ group residential housing.

Fridley
Amherst H. Wilder Foundation  651-280-2310
451 Lexington Pkwy N., St. Paul
Counseling for children birth to 17 and their families. Individual, family and group counseling, play therapy, psychiatric and psychological evaluations. Serves low income and uninsured.

CLUES (Comunidades Latinas Unidas en Servicio)
Minneapolis:  720 E Lake St  612-746-3500
St. Paul:  797 E 7th St  651-379-4200
Mental health counseling and resource connection for the Latino community. Psychological testing.

Community-University Health Care Center (CUHCC)
2001 Bloomington Ave S., Minneapolis
Individual, child, couple, family, and group therapy. Psychiatric services and medication management. Discount program available for low income.

Northpoint Health & Wellness Center
1313 Penn Ave N., Minneapolis  612-543-2500
Counseling and psychiatric care for individuals (ages 6 and over), couples, and families. Multiple locations. Sliding fee available.

National Alliance on Mental Illness of Minnesota (NAMI)
www.namihelps.org  651-645-2948
Mental Health Minnesota
www.mentalhealth.org  651-493-6634
PACER Center
952-838-9000
Support and advocacy for children with disabilities and their families.
www.pacer.org