

Child and Teen Checkups are a benefit for children from birth-age 20 with Medical Assistance

Call your child's medical clinic to schedule Child and Teen Checkups at the following ages:

0-1 month	9 months	24 months
2 months	12 months	30 months
4 months	15 months	Yearly ages
6 months	18 months	3-20



Working with people to improve lives

Anoka County  
Public Health & Environmental Services  
2100 3rd Avenue, STE 600  
Anoka, MN 55303-5041



**Anoka County**  
MINNESOTA

Respectful, Innovative, Fiscally Responsible

Updated 06/04/2020

# MENTAL

## HEALTH RESOURCES



## CLINICS IN THE ANOKA COUNTY AREA

- Accept Medical Assistance and Medical Assistance Health Plans
- Low Cost or Sliding Fee

**Child and Teen Checkups**  
  
**763-324-4280**

### HEALTH PLANS KEY:

MA: Fee-for-service Medical Assistance  
Managed Care Plans  
B: Blue Plus HP: HealthPartners U: UCare

Your Managed Care Plan can help you find services  
Blue Plus 1-800-711-9862  
HealthPartners 952-967-7998  
UCare 612-676-3200

## ANOKA COUNTY CRISIS SERVICES

**Canvas Health** 763-755-3801  
Available 24 hours per day, 7 days a week  
Mobile mental health crisis services  
**Minnesota Crisis Text Line**  
Text MN to 741741  
Free 24/7 support



## ANOKA COUNTY MENTAL HEALTH

Resources, information, referrals, screening, case management, and chemical abuse help.  
**Adult Mental Health** 763-324-1420  
**Children's Mental Health** 763-324-1430

## HEALTH SYSTEMS (multiple locations)

**Allina Health** 1-866-603-0016  
Accepts: MA, B, HP, U  
**M Health Fairview** 612-672-6999  
Accepts: MA, B, HP, U  
**HealthPartners** 952-967-7992  
Accepts: MA, B, HP

## MENTAL HEALTH SERVICES IN ANOKA COUNTY

**ANDOVER**  
**Interpretive Leadership** 763-703-1484  
13750 Crosstown Dr NW STE 207  
Accepts: MA, B, HP, U, sliding fee

**Northern Therapy and Psychological Services**  
13750 Crosstown Dr. NW STE L102 763-568-7622  
Ages 10 and up  
Website: northerntherapymn.com

**Conscious Healing Counseling** 612-900-0233  
2705 Bunker Lake Blvd STE 112  
Accepts: MA, B, HP, U, limited sliding fee  
Website: conscioushealingcounseling.com

**Rum River Counseling Inc** 763-482-9598  
1875 Station Pkwy NW  
Accepts: MA, B, HP, U  
Website: rumrivercounseling.com

**ANOKA**  
**ABC Family Counseling** 763-227-8076  
229 Jackson St STE 136  
Accepts: MA, U

**Care Counseling Center Inc** 763-248-0994  
3824 7th Ave N  
Accepts: MA, B, HP, U, sliding fee  
Website: carecounselingcenterinc.com

**COR Counseling Services LLC** 763-427-1950  
646 E River Rd STE 1  
Accepts: MA, B, HP, U  
Also provides psychiatric services for adults  
Website: corcounseling.com

**Family Innovations Inc** 763-421-5535  
1833 3rd Ave  
Accepts: MA, B, HP, U, sliding fee  
Website: familyinnovations.com

**Fuller Living and Associates** 763-647-8188  
2006 1st Ave STE 201  
Accepts: MA, B, U  
Will see patients outside of normal hours  
Website: fullerlivingandassociates.com

**Genuine Therapy Center** 763-712-1903  
630 E Main St  
Accepts: MA, B, HP, U, sliding fee  
Ages 10 and up  
Website: genuinetherapycenter.com

**Greenhaven Therapy LLC** 763-203-3164  
540 Greenhaven Rd STE 204  
Accepts: MA, B, HP, U  
Website: greenhaventherapy.com

**ANOKA (continued)**

**Jennifer Enstad** 763-355-4468  
2006 1st Ave N STE 101  
Accepts: MA, B, HP, U Website: jennienstadpsydip.com

**Nora Matthews LPCC** 612-481-1198

2665 4th Ave N STE 20  
Accepts: MA, B, U, sliding fee  
Specializes in trauma and PTSD  
Website: noramatthews.com

**Psychotherapy and Healing Associates Ltd**

2665 4th Ave STE 20 612-296-3800  
Accepts: MA, B, HP, U, limited sliding fee  
Specializes in postpartum counseling and infertility  
Website: phawellness.com

**Rhonda Johnson** 952-240-0109

2006 1st Ave N STE 101  
Accepts: MA, B, HP, U  
Website: rhondajohnsonlicsw.com

**BLAINE**

**Blaine Counseling Center** 763-755-7612

11806 Aberdeen St NE STE 260  
Accepts: MA, B, HP, U  
Ages 13 and up, Website: dougdrewlicsw.com

**Fuller Living and Associates** 763-647-8188

607 County Rd 10 NE STE 104  
Accepts: MA, B, U  
Will see patients outside of normal hours  
Website: fullerlivingandassociates.com

**Omni Mental Health** 612-955-4633

9298 Central Ave NE STE 306  
Accepts: MA, B, HP, U Website: omnimentalhealth.com

**Rum River Counseling Inc** 763-482-9598

11870 Ulysses St NE STE 200  
Accepts: MA, B, HP, U Website: rumrivercounseling.com

**CENTERVILLE**

**Centerlife Counseling LLC** 651-288-0332

7039 20th Ave S  
Accepts: MA, B, HP, U, limited sliding fee  
Website: carecounselingcenterinc.com

**Family Innovations Inc** 651-407-3631

7041 20th Ave S  
Accepts: MA, B, HP, U, sliding fee  
In-office and/or home-based counseling  
Website: familyinnovations.com

**CIRCLE PINES**

**Introspect Mental Health** 612-424-1574

301 Village Pkwy  
Accepts: MA, B, HP, U, sliding fee  
Website: introspectmh.com

**Safe Place Safe Passages** 651-491-3377

49 Central St STE 2  
Accepts: MA, B, HP, U, sliding fee  
Specialize in GLBT, gender identity concerns  
Website: safeplacesafepassages.com

**COLUMBIA HEIGHTS**

**Anoka Health Center** 763-283-7194

4111 Central Ave NE STE 201  
Accepts: MA, U

**COON RAPIDS**

**Bonnie Norsted-Meitzner** 763-784-3405

277 Coon Rapids Blvd STE 308  
Accepts: MA, B, HP, U, sliding fee  
Ages 12 and up

**Family Based Therapy Associates** 763-780-1520

199 Coon Rapids Blvd NW STE 306  
Accepts: MA, B, HP, U Website: fbta.biz

**Fraser Child and Family Center** 763-231-2590

9120 Springbrook Dr NW Intake 612-767-7222  
Accepts: MA, B, HP, U, discount available for self pay  
Website: fraser.org

**Jennifer Webb MA LP** 763-757-8282

834 89th Ave NW  
Accepts: MA, B, U  
ages 14 and up, specializes in trauma and abuse

**Lee Carlson Center for Mental Health and Wellbeing**

10091 Dogwood St NW STE 110 763-780-3036  
10081 Dogwood St. STE 100  
Accepts: MA, B, HP, U  
Website: leecarlsoncenter.org

**North Suburban Counseling Center** 763-784-3008

425 Coon Rapids Blvd STE 200  
Accepts: MA, B, HP, U, sliding fee  
ages 16 and up  
Website: northsuburbancounselingcenter.com

**Nystrom and Associates Ltd** 763-767-3350

11660 Round Lake Blvd NW  
Accepts: MA, B, HP, U  
Website: nystromcounseling.com

**People Incorporated-Family Life Mental Health Center**

1930 Coon Rapids Blvd NW 651-774-0011  
Accepts: MA, B, HP, U, Sliding fee  
Website: peopleincorporated.org

**Therapeutic Services Agency Inc** 320-629-7600

3915 Coon Rapids Blvd  
Accepts: MA, B, HP, U  
outpatient, in-home, school, or day treatment  
Website: hoperealized.com

**FRIDLEY**

**Aria Counseling Assessment and Meditation Centers**

7260 University Ave NW STE 235 763-572-2612  
Accepts: MA, B, HP, U, sliding fee  
Website: ariacounselingmn.com

**Behavioral Health Services Inc LLC** 651-769-6250

6401 University Ave NE STE 304 Intake 651-662-0800  
Accepts: MA, B, HP, U  
Psychiatry available, Website: bhsiclinics.com

**Christian Heart Counseling** 651-439-2059

7362 University Ave NE STE 307  
Accepts: MA, B, HP, U  
Website: christianheartcounseling.com

**Clear Passage Counseling** 651-271-3047

7671 Central Ave NE STE 101  
Accepts: MA, U, limited sliding fee  
Specialize in high conflict and severe trauma  
Website: clearpassagecounseling.com

**DBT Associates (Dialectica Behavior Therapy)**

7362 University Ave NE STE 101 763-503-3981  
Accepts: MA, B, HP, U, limited sliding fee  
13 and up, Website: dbtassociates.com

**Lee Carlson Center for Mental Health and Wellbeing**

7954 University Ave NE 763-780-3036  
7920 University Ave NE (Bridgeview Drop-In Center)  
Accepts: MA, B, HP, U Website: leecarlsoncenter.org

**Mindful Way Counseling LLC** 612-389-2332

1250 Moore Lake Dr East STE 152  
Accepts: MA, B, HP, U  
Website: mindfulwaycounseling.org

**HAM LAKE**

**Genuine Therapy Center** 763-712-1903

1328 McKay Dr NE STE 100  
Accepts: MA, B, HP, U, sliding fee  
Ages 10 and up, Website: genuinetherapycenter.com

**LINO LAKES**

**Bridging Hope Counseling** 763-291-5505

6776 Lake Dr STE 170  
Accepts: MA, B, HP, U  
Ages 12 and up, Website: bridginghopecounseling.com

**RAMSEY**

**Prevail Counseling Group PLLC** 763-427-2590

14000 Sunfish Lake Blvd NW STE 209  
Accepts: MA, B, HP, U  
Website: prevailcounselinggroup.com

**Rum River Counseling Inc** 763-482-9598

14000 Sunfish Lake Blvd STE 205  
Accepts: MA, B, HP, U  
Website: rumrivercounseling.com

## METRO AREA MENTAL HEALTH SERVICES AND RESOURCES

**Amherst H Wilder Foundation** 651-280-2310

451 Lexington Pkwy N, St Paul  
Accepts: MA and most health insurances, sliding fee  
Website: wilder.org

**CLUES (Comunidades Latinas Unidas en Servicio)**

Minneapolis: 720 E Lake St 612-746-3500  
St. Paul: 797 E 7th St 651-379-4200  
Website: clues.org

**Community-University Health Care Center (CUHCC)**

2001 Bloomington Ave S, Minneapolis 612-301-3433  
Discount program for low income  
Website: cuhcc.umn.edu

**Northpoint Health and Wellness Center** 612-543-2500

1313 Penn Ave N, Minneapolis  
Multiple locations, sliding fee  
Website: northpointhealth.org

**National Alliance on Mental Illness Minnesota (NAMI)**

Website: namimn.org 651-645-2948

**Mental Health Minnesota** 651-493-6634

Website: mentalhealthmn.org

**PACER Center** 952-838-9000

Support and advocacy for children with disabilities and their families Website: pacer.org