

DISLOCATED WORKER JOB SEEKER MONTHLY BUDGET WORKSHEET

Job Seeker: _____ Counselor: _____

MONTHLY INCOME (yours and, if married, your spouse)

Wages/Salary (Net)	_____	Food Support	_____
Severance Pay	_____	Social Security	_____
Unemployment	_____	GI Bill	_____
Worker's Compensation	_____	Child Support	_____
Public Assistance (cash)	_____	Other	_____
		TOTAL INCOME	\$ _____

MONTHLY EXPENSES

Housing:

Rent or Mortgage	_____
Water/Sewer	_____
Trash	_____
Electricity	_____
Heat	_____
Cable/Internet	_____
Phone	_____
Maintenance/Repairs	_____
Other	_____

Transportation:

Car Payment(s)	_____
Gasoline/Bus Pass	_____
Maintenance/Repairs	_____
Car Insurance	_____
Bus	_____

Personal:

Food	_____
Clothing/Diapers	_____
Charge Cards	_____
Loan Payments	_____
Entertainment	_____
Other (haircuts, household supplies, toiletries, pet costs)	_____

Medical:

Insurance Premium	_____
Prescriptions	_____
Doctor/Dental	_____

Children's Expenses:

Child Care	_____
Child Support	_____
School/Activities	_____

TOTAL EXPENSES: _____

Job Seeker's Signature and Date

-----For Office Use Only Below This Line-----

Monthly Deficit: \$ _____