FOOD SHELVES
Look for a food shelf that serves the community where you live.

COMMUNITY EMERGENCY ASSISTANCE PROGRAMS (CEAP) 763-783-4930
ANOKA COUNTY BROTHERHOOD COUNCIL (ACBC) FOOD SHELF 763-422-0046
COMMUNITIES SERVED: ANDOVER, ANOKA, COON RAPIDS, NOWTHEN, OAK GROVE, RAMSEY, AND PART OF CHAMPLIN

CENTENNIAL COMMUNITY FOOD SHELF 763-784-2013
COMMUNITIES SERVED: EAST BLAINE, LEXINGTON, CIRCLE PINES, LINO LAKES, AND CENTERVILLE

NORTH ANOKA COUNTY EMERGENCY FOOD SHELF (NACE) 763-434-7685
COMMUNITIES SERVED: BETHEL, CEDAR, EAST BETHEL, HAM LAKE, LINWOOD TOWNSHIP, OAK GROVE, ST. FRANCIS, AND WYOMING

SOUTHERN ANOKA COMMUNITY ASSISTANCE (SACA) 763-789-2444
COMMUNITIES SERVED: COLUMBIA HEIGHTS, HILLTOP, FREDLIE, AND SPRING LAKE PARK

THE FOOD GROUP (EMERGENCY FOOD SHELF NETWORK) 763-450-3860

FOOD SUPPORT
Help getting enough healthy food to eat. Eligibility requirements may apply.

ANOKA COUNTY ECONOMIC ASSISTANCE DEPARTMENT (SNAP/FOOD ASSISTANCE) 763-422-7200
WOMEN, INFANTS & CHILDREN (WIC) 763-422-7055
MINNESOTA FOOD HELPLINE 1-888-711-1151

COMMUNITY MEALS
Visit goanokacounty.org and click on “Family Table Meals” website for a calendar of free meals at local churches and community agencies.

612-998-1014 www.communityfoodcalendar.weebly.com

MEALS ON WHEELS
Noon meals for people 60 years and older. Look for an agency that serves the community where you live.

IMPACT SERVICES 763-236-8718
COMMUNITIES SERVED: ANOKA, CHAMPLIN, HAM LAKE, ANDOVER, RAMSEY, OAK GROVE, COON LAKE, LINOWOOD, ST. FRANCIS, NOWTHEN, BETHEL, EAST BETHEL, CIRCLE PINES, LINO LAKES, CENTERVILLE, LEXINGTON, AND COLUMBUS

HOT MEALS FOR SHUT-INS 763-236-3640
COMMUNITIES SERVED: FREDLIE, SPRING LAKE PARK, COLUMBIA HEIGHTS, AND HILLTOP

COON RAPIDS - BLAINE MEALS ON WHEELS 763-489-3608

FARMER’S MARKETS
A place to buy locally grown vegetables and fruit. Check for hours of operation.

LOCATIONS:
ANOKA 763-792-4025
ANDOVER 651-227-8101
BLAINE 763-792-4025
CREST VIEW (Columbia Heights) 763-792-4025
LINO LAKES 651-259-2119
NOWTHEN 612-751-9995
FARE FOR ALL Buy fresh fruit, vegetables, and frozen meat in bulk and save money. 763-450-2880

WEIGHT MANAGEMENT
Free support to stop compulsive eating.

OVEREATERS ANONYMOUS 505-891-2664

BREASTFEEDING SUPPORT
Help to get started or continue breastfeeding.

ANOKA COUNTY PUBLIC HEALTH NURSES 763-422-6970
LA LACHE LEAGUE BREASTFEEDING HOTLINE 877-452-5324
NATIONAL BREASTFEEDING HELPLINE 800-994-9662

HEALTH PLANS
Check with your health plan for additional services, such as talking to a health coach over the phone, meeting with a dietitian or getting discounts on healthy foods at the grocery store. Services and fees vary by plan.