COMMUNITY EDUCATION CLASSES

Class schedules vary so check for current offerings. The following districts offer public access to free/low-cost indoor walking or open-gym options: Elk River, Forest Lake, White Bear Lake, St. Francis and Anoka Hennepin. Interested participants should contact the Community Education numbers listed.

ANOKA-HENNEPIN
DISTRICT #11
763-506-1260

CENTENNIAL SCHOOL
DISTRICT #12
763-792-6100

COLUMBIA HEIGHTS
DISTRICT #13
763-571-9202

ELK RIVER
DISTRICT #728
763-241-3520

FOREST LAKE
DISTRICT #831
651-982-8302

FRIDLEY
DISTRICT #14
763-502-5100

SPRING LAKE PARK
DISTRICT #16
763-600-5050

ST. FRANCIS
DISTRICT #15
763-753-7190

WHITE BEAR LAKE
DISTRICT #624
651-407-7501

RESOURCES IN ANOKA COUNTY

Making the Healthy Choice the Easy Choice
HEALTH PLANS
Check with your health plan for additional services, such as fitness center discounts, participating in Silver Sneakers (ages 65+) or talking to a health coach. Services and fees vary by plan.

GET STARTED
Tips for adults and families of active living. Visit goanokacounty.org for these links:

- President’s Council on Fitness, Sport, and Nutrition
  www.fitness.gov
- Let’s Move!
  www.letsmove.gov

GET MOVING OUTDOORS
Find parks, trails, and more!

- Go Anoka County
  www.goanokacounty.org
- Anoka County Parks & Recreation
  www.anokacountyparks.com

GET MOVING INDOORS
Stay active all year round!

- YMCA
  Financial assistance for reduced price membership is available for those who qualify.
  Andover 763-230-9622
  Chain of Lakes (Lino Lakes) 651-795-9622
  Emma B. Howe (Coon Rapids) 763-785-7882
  Forest Lake 651-259-2133

- North Town Mall - Early Morning Mall Walking
  Main entrances open daily at 7:00 am for walkers.

GoAnokaCounty.org