



# Anoka County

ADMINISTRATION

Communications

April 29, 2021

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## **FOR IMMEDIATE RELEASE**

### **Anoka County Parks Programs and Activities**

Check out Anoka County Parks for fun seasonal programs and activities. All CDC/MDH guidelines will be followed. To register or for more information, call 763-324-3350 or visit [anokacountyparks.com](http://anokacountyparks.com).

#### **Lunch with a Naturalist**

May 26 (Spring Wildflowers), 11:30am-1pm; Virtual via Zoom

Ages 12+. Spring is a time of growth and renewal! Join us as we take a virtual hike looking for Minnesota spring wildflowers! The program will be online and requires pre-registration. A Zoom program link will be emailed after registration.

FREE!

#### **Homeschool Program**

May 13 and May 20, 10am-11:30am or 1-2:30pm; Wargo Nature Center; 7701 Main St., Lino Lakes

Naturalists work with homeschoolers to provide quality environmental, recreational and natural history programs. Children discover the natural environment by having fun learning about nature through hands-on activities. Grades K-2: Insects; Grades 3-5: Pond Study, Grades 6-12: Water Quality. Pre-registration is required.

COST: \$5/person (+tax)

#### **Fat Tire Biking**

May 12, 3-5pm; Bunker Hills Regional Park Campground Visitor Center; 13101 County Parkway B, Coon Rapids

**-more-**

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Government Center ▲ 2100 3<sup>rd</sup> Avenue, Suite 700 ▲ Anoka, MN 55303-5024 ▲ [www.anokacounty.us](http://www.anokacounty.us)  
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**Affirmative Action / Equal Opportunity Employer**

## **Anoka County Parks Programs and Activities – Add 1**

Ages 16+. Fat tire bikes are stable and easy to ride on a variety of surfaces including snow, sand, and trails. This introductory level class is designed to show participants with little bike riding experience how much fun fat tire bikes can be. Pre-registration is required.

COST: \$15/person (+tax)

### **Bird Walk Series:**

- May 11, 9-11am; East Coon Rapids Dam Regional Park, Visitor Center, 9750 Egret Blvd NW, Coon Rapids
- May 13, 8-10am; Mississippi West Regional Park, 13900 Traprock Street, Ramsey

All Ages. Join an experienced birder on a walk through one of Anoka County's beautiful parks. Enjoy seeing or hearing 20-60 species of birds! A checklist of Minnesota birds and a map of each area will be provided. All birding abilities are welcome. Binoculars will be available for use. Pre-registration required. Participants under 18 must be accompanied by a registered adult.

COST: \$5/person (+tax)

### **Wargo Nature Center Restoration Project Day**

May 22, 10am-12pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Help restore the natural environment at the Wargo Nature Center! We'll tackle different challenges each month like buckthorn and garlic mustard removal and native plant seed collection – depending on needs and group size each month. Meet outside before heading out on the morning project. Pre-registration required and drop-ins are welcome. Participants under 18 must be accompanied by an adult.

FREE!

### **Nordic Walking**

May 11, 4-5:30pm; Lakeside Lions Park, 7840 Pleasant View Dr. NE, Spring Lake Park

Ages 15+. Nordic Walking takes a simple walk and turns it into a full body workout. Increase your heart rate, burn more calories, strengthen your upper body, and create resistance to build better bone density. Pre-registration required.

COST: \$10/person (+tax)

### **Birding by Boat:**

- May 18, 9am-12pm. Wargo Nature Center, 7701 Main St., Lino Lakes
- May 27, 9am-12pm. East Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids

All ages. Anoka County has great waterways and birding opportunities. Why not combine the

**-more-**

## **Anoka County Parks Programs and Activities – Add 2**

two?? We will access areas most other birders can't get to and see a variety of waterfowl, shorebirds and upland bird species. No experience in boats or birding is required. Binoculars are available for use. Pre-registration is required. Participants under 18 must be accompanied by a registered adult.

COST: \$10/adult (+tax), kids 17 and under are free, all equipment is provided.

### **Birding by Bike**

May 13, 2-4pm; Rice Creek Chain of Lakes Park Reserve, 7373 Main St, Lino Lakes

Ages 16+. We will be using fat tire bikes to make our way through some of the wonderful birding habitat in Anoka County. This will be a great opportunity to try a fat tire bike and learn how to identify birds! Some biking experience required. Bikes provided. Pre-registration is required. Participants under 18 must be accompanied by a registered adult.

COST: \$10/person (+ tax)

### **Introduction to Fishing**

- May 19, 6-8pm; East Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids
- May 24; 6-8pm; Rice Creek Chain of Lakes Park Reserve, 7373 Main St, Lino Lakes

This family-oriented class will cover the basic skills, equipment, and fishing methods needed to get outside and catch some fish! No experience required and all equipment provided. Pre-registration is required. Participants under 18 must be accompanied by a registered adult.

COST: \$5/adult; \$2.50/child 15 and under (+tax)

### **Intro to Kayaking**

May 25, 4-6pm; Rice Creek Chain of Lakes Park Reserve, 7373 Main St, Lino Lakes

Ages 16+ Learn the basics of kayaking including boat safety, basic strokes, bracing, and which boat is best for you. Pre-registration is required.

COST: \$25/person (+tax)