



February 9, 2021

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FOR IMMEDIATE RELEASE

Anoka County Parks Programs and Activities

Check out Anoka County Parks for fun seasonal programs and activities. To register or for more information, call 763-324-3350 or visit anokacountyparks.com.

Lunch with a Naturalist

February 24 (Reptiles), 11:30am-1pm; Virtual via Zoom

Ages 50+. Reptiles are cool! Join us to learn more about them and maybe see a few of Wargo's ambassador animals, too! The program will be online and pre-registration is required. Participants will receive a Zoom link prior to the program.

FREE!

Nature Play

March 4 (Magical Maples!), 10-11:15am; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 2-5 (with an adult). March is here and the trees are waking up! Come learn about what tasty surprise comes from maple trees and even try a sample of syrup. This program is geared for 2-5-year old's who are accompanied by an adult. All CDC/MDH guidelines will be followed. Pre-registration is required.

COST: \$3/child and \$3/adult (+tax)

Homeschool Program

March 11 and March 18, 10am-12pm or 1-3pm; Wargo Nature Center; 7701 Main St., Lino Lakes
Naturalists work with homeschoolers to provide quality environmental, recreational and natural history programs. Children discover the natural environment by having fun learning about nature

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through hands-on activities. Grades K-2: Maple Syruping; Grades 3-5: Maple Syruping, Grades 6-12: Maple Syruping. All CDC/MDH guidelines will be followed. Pre-registration is required.
COST: \$5/person (+tax)

Learn to Cross Country Ski

- February 18, 1-3pm; Chomonix Golf Course, Ski Area; 700 Aqua Ln, Lino Lakes
- February 21, 11am-1pm; East Coon Rapids Dam Regional Park, Visitor Center, 9750 Egret Blvd NW, Coon Rapids
- February 23, 2-4pm; Bunker Hills Regional Park Campground Visitor Center; 13101 County Parkway B, Coon Rapids

Ages 8+. Cross country skiing is great exercise and a fun way to get outdoors in the winter. What better place to learn than in one of Anoka County's beautiful parks? Our introductory classes are appropriate for people of all abilities. The activity fee includes ski rental, instruction, and cross-country skiing through our scenic Anoka County Parks. No experience necessary. All CDC/MDH guidelines will be followed. Participants under 18 must be accompanied by a registered adult. Pre-registration is required.

COST: \$15/adult (+tax), \$10/child (+tax)

Women's Winter Workshop

March 4 (Snowshoeing), 1-3pm; East Coon Rapids Dam Regional Park, Visitor Center, 9750 Egret Blvd NW, Coon Rapids

Women Ages 18+. Looking for a new way to enjoy the great outdoors in the winter? Try cross-country skiing or snowshoeing through our Women's Winter Workshop series. These women-only workshops are a great way to learn or practice your cross-country skiing and snowshoeing skills while meeting other women who love the outdoors. Workshops are co-sponsored by Spring Lake Park and the MN DNR's Becoming an Outdoors Women program. Pre-registration is required, and equipment is included in the program fee. All CDC/MDH guidelines will be followed.

Cost: \$7/person (+tax)

Fat Tire Biking

February 25, 1-4pm; Bunker Hills Regional Park Campground Visitor Center; 13101 County Parkway B, Coon Rapids

Ages 16+. Fat tire bikes are stable and easy to ride on a variety of surfaces including snow, sand,

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and trails. This introductory level class is designed to show participants with little bike riding experience how much fun fat tire bikes can be. All CDC/MDH guidelines will be followed. Pre-registration is required.

COST: \$15/person (+tax)

Snowshoe and Solo Sit

February 25, 4:30-6pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 12+. Come experience winter at two different speeds. We'll go on a guided snowshoe nature hike around Wargo's trails and end the evening with a relaxing, meditative solo sit as the sun sets over George Watch Lake. Snowshoe rental will be included. Participants are encouraged to bring a travel mug with a hot beverage. All CDC/MDH guidelines will be followed. Participants under 18 must be accompanied by a registered adult. Pre-registration is required.

COST: \$5/person (+tax)

Winter Birds Family Program

February 27, 2-4pm; Virtual via Zoom

All Ages. Wargo Nature Center and the Rice Creek Chain of Lakes Park Reserve is the winter home to dozens of bird species. Learn some tips for identifying birds and the different ways these feathered friends use to make it through a MN winter! This program includes a virtual class on Zoom and self-guided outdoor activities. Participants will receive a Zoom link prior to the program. Pre-registration is required.

COST: \$3/person (+tax)

Ski and Snowshoe by the Light of the Moon

February 27, 6-8pm; East Coon Rapids Dam Regional Park, Visitor Center, 9750 Egret Blvd NW, Coon Rapids

Ages 8+. Enjoy the beautiful ski trails or go off trail with snowshoes. You can choose to cross country ski or snowshoe under the light of a full moon! Coon Rapids Dam is a beautiful place to do either! Staff will be there to get everyone set up with equipment and show you where to go. Equipment included in program fee. All CDC/MDH guidelines will be followed. Participants under 18 must be accompanied by a registered adult. Pre-registration is required.

COST: \$10/adult (+ tax), \$5/child 15 and under (+ tax)