



September 14, 2020

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FOR IMMEDIATE RELEASE

Anoka County Parks Programs and Activities

Check out Anoka County Parks for fun seasonal programs and activities. To register or for more information, call 763-324-3350 or visit anokacountyparks.com.

Wargo Nature Center Restoration Project Day

October 17, 10am-12pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Help restore the natural environment at the Wargo Nature Center! We'll tackle different challenges each month like buckthorn and garlic mustard removal and native plant seed collection, all while physically distancing outside. Pre-registration requested; drop-ins welcome. Participants under 18 must be accompanied by an adult.

FREE!

Intro to Kayaking

September 23, 1-3pm; East Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids

Ages 16+. Learn the basics of kayaking – boat safety, basic strokes, bracing, and which boat is best for you. Pre-registration required.

COST: \$25/person (+tax)

Nature Play

November 5 (Crafty Camouflage), 10-11:15am; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 2-5 (with an adult). Animals often use camouflage to hide themselves. Sometimes to hide

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Anoka County Parks Programs and Activities – Add 1

from predators and other times to hide from their prey. Learn all about camouflaged animals through activities and a story. This program is geared for 2-5-year old's who are accompanied by an adult. Pre-registration is required.

COST: \$3/child and \$3/adult (+tax)

Lunch with a Naturalist

October 21 (Prescribed Burning), 11:30am-1pm; Wargo Nature Center; 7701 Main St., Lino Lakes
Ages 50+. Bring your lunch and join a naturalist for our Lunch with a Naturalist series. These monthly presentations will include local natural history information and possibly a relaxing stroll on the trails at Wargo. Any equipment that may be needed will be provided. Pre-registration is not required.

FREE!

Fall Festival

October 17, 2-4pm; Wargo Nature Center; 7701 Main St., Lino Lakes

Celebrate fall at Wargo Nature Center! We'll crank up the cider press, play pioneer games, and have self-guided nature activities available for you and your family. CDC/MDH guidelines will be followed. Please come with a mask!

FREE!

Homeschool Program

October 15, 10am-12pm or 1-3pm; Wargo Nature Center; 7701 Main St., Lino Lakes

Naturalists work with homeschoolers to provide quality environmental, recreational and natural history programs. Children discover the natural environment by having fun learning about nature through hands-on activities. Grades K-2: Art and Nature; Grades 3-5: Art and Nature; Grades 6-12: Fungi and Lichen. CDC/MDH guidelines will be followed. Pre-registration is required.

COST: \$5/person (+tax)

Nordic Walking

October 1, 3-4:30pm; Lakeside Lions Park, 7840 Pleasant View Dr., Spring Lake Park

Ages 15+. Anyone can do it! It takes a simple walk and turns it into a full body workout – and it

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doesn't feel like you are working any harder! Increase your heart rate, burn more calories, strengthen your upper body and create resistance to build better bone density. CDC/MDH guidelines will be followed. Pre-registration required.

COST: \$10/person (+tax)

Lichens

October 24, 1-2pm; Wargo Nature Center; 7701 Main St., Lino Lakes

Ages 12+. Learn about the ultimate partnership. We will peer into the natural history of these amazing fungal and algal organisms through field ecology, identification, specimens and in-class learning. CDC/MDH guidelines will be followed. Pre-registration is required.

COST: \$5/person (+tax)