



July 20, 2020

Contact: Andy Soltvedt, Operations and Visitor Services Manager, 763-324-3300, or e-mail: andy.soltvedt@co.anoka.mn.us

FOR IMMEDIATE RELEASE

Anoka County Parks Programs and Activities

Check out Anoka County Parks for fun seasonal programs and activities. To register or for more information, call 763-324-3350 or visit anokacountyparks.com.

Wargo Nature Center Restoration Project Day

August 22, 10am-12pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Help restore the natural environment at the Wargo Nature Center! We'll tackle different challenges each month like buckthorn and garlic mustard removal and native plant seed collection, all while physically distancing outside. Pre-registration requested; drop-ins welcome. Participants under 18 must be accompanied by an adult.

FREE!

Poetry Hike

August 22, 2-3:30pm; Wargo Nature Center, 7701 Main St., Lino Lakes

All Ages. Are you a poet and don't know it? Join us on a leisurely hike around Wargo's peninsula as we read poems from various nature-inspired poets. We will also spend time learning about the special features and history of the land we hike, gaining inspiration to write poetry of our own. After some writing time in the woods, we'll gather together to share poems over light refreshments. Physically distancing guidelines will be followed. Pre-registration is required.

COST: \$5/person (+tax)

Birding by Boat

August 26, 9am-12pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 16+. Anoka County has many great waterways and such great birding opportunities why not

-more-

Respectful, Innovative, Fiscally Responsible

Government Center ▲ 2100 3rd Avenue, Suite 700 ▲ Anoka, MN 55303-5024 ▲ www.anokacounty.us
Office: 763-324-4700 ▲ Fax: 763-324-5490

Affirmative Action / Equal Opportunity Employer

Anoka County Parks Programs and Activities – Add 1

combine the two! We will paddle areas most other birders can't get to and see a variety of waterfowl, shorebirds, and upland bird species. No experience in boats or birding is required. Sanitized binoculars are available for use or bring your own. Pre-registration is required. Participants under 18 must be accompanied by a registered adult.

COST: \$10/adult (+tax) (kids 17 and under are free; all equipment provided)

Fat Tire Biking

August 25, 5-7pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 16+. Fat tire bikes are stable and easy to ride on a variety of surfaces including snow, sand, and trails. This introductory level class is designed to show participants with little bike riding experience how much fun fat tire bikes can be. Pre-registration is required. Participants under 18 must be accompanied by a registered adult.

COST: \$15/person (+tax)

Stand Up Paddle Boarding

- August 12, 11am–12:30pm; Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids
- August 26, 1:30–3pm; Rice Creek Chain of Lakes, Centerville Beach, 7401 Main Street, Lino Lakes

Ages 16+. Paddle boarding is easier than you think and a great way to get some exercise! No experience needed! Pre-registration required.

COST: \$ 20/person (+tax)

Intro to Kayaking

- August 4, 4-6pm; Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids
- August 31, 6-8pm; Rum River South County Park, 3000 N Ferry St, Anoka

Ages 16+. Learn the basics of kayaking – boat safety, basic strokes, bracing, and which boat is best for you. Pre-registration required.

COST: \$25/person (+tax)

Rice Creek Paddling Adventure

August 28, 12-4pm; Rice Creek (water levels will determine which section is paddled.)

Ages 16+. We will be paddling 5-8 miles of the most scenic and wild sections of the creek. Bring your own boat or rent one from us. Space and boats are limited. Pre-registration is required.

COST: \$20/person (+tax), includes shuttle; \$20 boat rental (+tax) if needed.