



July 11, 2019

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FOR IMMEDIATE RELEASE

Anoka County Parks Programs and Activities

Check out Anoka County Parks for fun seasonal programs and activities. To register or for more information, call 763-324-3350 or visit anokacountyparks.com.

Intro to Kayaking

July 20, 2-4pm; East Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids

Ages 16+. Learn the basics of kayaking – boat safety, basic strokes, bracing, and which boat is best for you. Pre-registration required.

COST: \$25/person (+tax)

Stand Up Paddle Boarding

July 20, 12-1:30pm; East Coon Rapids Dam Regional Park, 9750 Egret Blvd NW, Coon Rapids

Ages 16+. Easy, fun, and a great workout! Paddle boards are a great way to get out on the water and be active. Class sizes are small, and the instruction is short and easy so most of our time will be on the water. Pre-registration is required.

COST: \$20/person (+tax)

Friday Evening Paddle

- July 26, 7-9pm; Wargo Nature Center, 7701 Main St., Lino Lakes
- August 9, 7-9pm; Wargo Nature Center, 7701 Main St., Lino Lakes

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Respectful, Innovative, Fiscally Responsible

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Anoka County Parks Programs and Activities – Add 1

Ages 4+. Join us for a leisurely Friday evening paddle on beautiful George Watch Lake at Wargo Nature Center. Canoes and kayaks are available and are included with the registration fee. No paddling experience necessary. Pre-registration is required.

COST: \$5/person (+tax)

Kayak Fishing

August 21, 5-8pm; Lake George Regional Park, 21701 Lake George Blvd, Oak Grove

Ages 16+. Kayaks are an easy, and quiet, way to get on the water to pursue your favorite fish species. Kayaks, PFD's, paddles and fishing equipment (if needed) will be provided. An experienced angler will be along to provide help with fishing tactics, what tackle to use, and kayaking instruction. Some fishing experience and a valid fishing license are required. Pre-registration is required.

COST: \$25/person (+tax)

Campfire Talks

- July 27, 7pm; Dragonflies; Rice Creek Chain of Lakes, Centerville Beach, 7401 Main Street, Lino Lakes
- August 10, 7pm; Bears; Rice Creek Chain of Lakes, Centerville Beach, 7401 Main Street, Lino Lakes

All Ages. Join a naturalist for campfire talks at the Rice Creek Chain of Lakes Campground. Programs are on Saturday evenings and begin at 7pm and include a roaring campfire, interactive activities, and presentations enjoyable for the whole family. Best of all, the programs are FREE! Meet at the Rice Creek Chain of Lakes amphitheater.

FREE!

Wargo Nature Center Restoration Project Day

August 24, 10am-12pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 12+. Help restore the natural environment at the Wargo Nature Center! We'll tackle different challenges each month, such as removing invasive species like buckthorn and garlic mustard, cleaning our woodland wildflower gardens, or gathering native plant seeds. Meet inside

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Anoka County Parks Programs and Activities – Add 2

the building before heading out to work on the morning's project. Pre-registration requested, drop-ins welcome.

FREE!

Dragonfly Survey Series

August 8, 5:30-7:30pm; Wargo Nature Center, 7701 Main St., Lino Lakes

Ages 12+. Help look for some of the 76 species of Odonata (dragonflies and damselflies) found here in Anoka County. We will spend our time outside catching, identifying, and recording dragonfly species found around Wargo Nature Center. Pre-registration is required.

COST: \$5/adult (+tax); \$2/child (+tax)

Fat Tire Biking

August 26, 6-8pm; Mississippi West Regional Park, 13900 Traprock Street, Ramsey

Ages 16+. Join us for a ride on one of our new fat tire bikes as we cover basic riding skills. Riders will get a chance to ride off trail and explore more remote areas of the park. Pre-registration is required.

COST: \$25/person (+tax)