



# Anoka County

ADMINISTRATION

Communications

April 17, 2019

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## **FOR IMMEDIATE RELEASE**

### **Free Training Focuses on Building Resilience in Children**

Parents, people who work with children, and community leaders are invited to a free training on building resilience in children. “Understanding Adverse Childhood Experiences (ACEs): Building Self-Healing Communities” will be offered 5 to 8 p.m. Thursday, April 25 at the Anoka Hennepin School District Office, 2727 Ferry St., Anoka. The event is sponsored by the Anoka County Children and Family Council, in collaboration with the Minnesota Department of Human Services and Minnesota Communities Caring for Children. Continuing education units are available. If childcare or transportation are barriers to attending, assistance may be available. For more information, go to <https://ACCFCaces.eventbrite.com>, or contact Christine Cole, ACCFC collaborative coordinator, [Christine.Cole@co.anoka.mn.us](mailto:Christine.Cole@co.anoka.mn.us) or 763-324-1289.

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