



April 8, 2019

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**FOR IMMEDIATE RELEASE**

**Anoka County Senior Expo Planned April 27**

Come celebrate healthy living during the Anoka County Senior Expo 9 a.m. to noon April 27 at Lord of Life Church, 14501 Nowthen Blvd., Ramsey.

This free event is open to seniors and their families. Ample parking is available, and the venue is handicapped accessible.

Activities include information booths, a free pancake breakfast, blood pressure checks, mini massages, and entertainment. The expo is an outreach event to all seniors in the area to inform them of the goods and services that are available to them as seniors.

The Alliance for a Violence Free Anoka County and Anoka County Human Services sponsor this event. Anyone with questions can call Mary at 763-760-3699.

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ANOKA COUNTY  
**SENIOR EXPO 2019**  
“CELEBRATE HEALTHY LIVING”

**SATURDAY, APRIL 27, 2019**  
**9 A.M. TO NOON**



LORD OF LIFE CHURCH  
14501 NOWTHEN BLVD, RAMSEY, MN

**FREE EVENT!**

- Open to seniors and their families
- Ample parking and handicapped accessible

**ACTIVITIES**

- Information booths
- Free pancake breakfast
- Blood pressure checks
- Mini massages
- Entertainment

SPONSORED BY THE ALLIANCE FOR A VIOLENCE FREE ANOKA COUNTY AND ANOKA COUNTY HUMAN SERVICES. QUESTIONS: PLEASE CALL MARY AT 763-760-3699

